

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>August 2023</h1> <p>Laurels, Meadows, Violette's Crossing</p>		10:00 Exercise / Hannah 1 1:30 Bridge - Parlor 2:00 Root Beer Floats- EYG or CR (weather) 2:00 French Conv. - MR 3:00 Trivia Tuesday - CR 4:00 Gardening - EYG 6:30 Entertainment: Jazzscape - EYG or CR Weather Dependent	10:00 Yoga with Valerie - Comm Room 2 11:00 New Resident Orientation - CR 1:30 Bingo - CR 3:00 Creative Writing 3 rd Fl Library / Laurels 6:30 Game: Tripoley	10:00 Exercise with Lynne - Community Rm 3 11:00 Rockridge Choir: Initial Meet, All Welcome 1:30 Blackjack - CR 2:00 Lawn Games: Cornhole, Croquet- EYG 4:00 Meet & Greet Happy Hour Social -EYG 6:30 Game: 5 Crown	FootCare Nurse 4 10:15 Exercise with Julie 2:00 Movie: "Our Souls At Night" with Jane Fonda & Robert Redford w/Popcorn & Soda - CR 3:00 Pitch w/Pat - Parlor Laurels Neighborhood 6:30 Rummikub	10:00 Bingo - CR 5 2:00 Entertainment: "Ask Me Now" Quartet Jazz and Swing - CR 3:30 Watercolors with Sara - Community Room 6:00 Independent Film Group - CR
10:00 Belly Dance Inspired Movement with Madeline - CR 6 10:00 Game: Left, Right, Center - Parlor 2:00 Lets Collage with Sara - Comm Rm 3:30 Rootbeer Floats Community Room	10:00 Weights Danny No Bingo Today 7 2:00 Students from Japan's Shutoken B High School Visit - CR 3:30 Name That Movie with Kathleen - CR 6:00 Merlot Monday w/ Jazz Piano w/Michael-CR 6:30 Qwirkle	10:00 Exercise w/Julie Care One - Comm Rm 8 1:30 Bridge - Parlor 2:00 Documentary: "Dolly Parton, Here I Am" - Comm Room 2:00 French Conversation with Resident Monique -MR	10:00 Yoga w/Valerie 9 11:00 Resident Meeting; Laurels - Comm Rm 12:00 Opera Outing: Il Barbiere di Siviglia Cinemark W. Springfield \$15 - sign up 1:30 Bingo - CR 3:30 Salsa Making with Kathleen - CK 6:30 Game: Tripoley	10:00 Exercise Lynne 10 11:00 Resident Meeting; Meadows - Comm Rm 1:30 Blackjack - CR 1:30 Making Rugalach w/ Volunteer Yocheved Adelman-Country Kitchen 3:00 Lawn Games - EYG 4:00 Meet & Greet - EYG 6:30 Game: 5 Crown	10:15 Exercise: Julie 11 2:00 Crafts with Kristin: Pinwheels and Plants - Community Room 3:00 Pitch w/Pat - Parlor Laurels Neighborhood 6:30 Rummikub	10:00 Bingo - CR 12 2:00 Entertainment: "Les Boulevadiers" - Community Room 3:30 Art inspired by Gustov Klimt - Community Room 6:00 Independent Film Group - CR
10:00 Seated Stretch with Sara - Comm Rm 13 11:00 Pokeno - CR 2:00 Vespers with Pastor Floyd - CR 3-3:30 Brownie Sundaes Community Room 3:45 Monochromatic Portraits with Sara - CR	10:00 Weights w/Danny 14 11:00 Ukelele Concert with Martha Cyz's Adult Students - CR 1:30 Bingo - CR 3:00 Documentary: Will & Kate, Raising A Royal Family - CR 3:00 Outing: Big Y, Walmart, Aldi's -sign up 6:30 Qwirkle	10:00 Exercise w/Hannah - Comm Rm 15 1:30 Bridge - Parlor 2:00 Gardening - EYG 2:00 French Conversation - MR 3:30 Lemonade / Iced Tea Social / Cookie Social - EYG or CR	10:00 Yoga w/Valerie Community Room 16 1:30 Bingo - CR 3:00 Documentary: Elvis Presley "The Man Who Shook Up The World" - CR 6:30 Game: Tripoley	10:00 Exercise Lynne 17 11:00 Documentary: The History of Boston - CR 1:30 Blackjack - CR 2:00 Lawn Games - EYG 4:00 Meet & Greet Happy Hour Social - EYG 5:00 Dinner: Blue Rock Shelburne Falls - sign up 6:30 Game: 5 Crown	10:15 Exercise with Julie / Care One - CR 18 2:00 Movie: "'Air" with Matt Damon & Ben Affleck / Popcorn & Soda - Comm Room 3:00 Pitch w/Pat - Parlor Laurels Neighborhood 6:30 Rummikub	10:00 Bingo - CR 19 2:00 Entertainment: "Combo Compact" - Community Room 3:30 Poker / 5 & 10 cents with Danny - Community Room 6:00 Independent Film Group - CR
10:00 Belly Dance Inspired Movement with Madeline - CR 20 10:00 Game: Left, Right, Center - Parlor 2:00 Vespers with Pastor Floyd - CR 3 - 3:30 Rootbeer Floats Community Room 3:45 Draw w/Sara - CR	10:00 Weights with Danny - Comm Room 21 1:30 Bingo - CR 2:00 Country Ride: Quabbin - sign up 2:00 Baking: Berry Brownie Torte with Hannah - CK 6:30 Qwirkle	10:00 Exercise w/Hannah - MR 22 1:30 Bridge - Parlor 2:00 Trivia Tuesday- CR 2:00 French Conversation - MR 3:00 Baking: Southern Banana Bread Pudding w/Valerie - CK	10:00 Yoga w/Valerie Community Room 23 11:00 Dementia Group: Resident only group to talk and share - MR 1:30 Bingo - CR 3:00 Circle of Life with Kathleen - MR 3:30 Outing: Texas Roadhouse - sign up 6:30 Game: Tripoley	10:00 Exercise Lynne 24 11:00 Needlepoint Group First Meeting - MR 1:30 Outing: MGM Casino 2:00 Lawn Games - Cornhole, Bocce, Croquet, Bowling - EYG 4:00 Meet & Greet Happy Hour Social - EYG 6:30 Game: 5 Crown	10:15 Exercise with Julie / Care One - CR 25 2:00 Documentary: "The Light We Carry" Oprah Winfrey Interviews Michelle Obama - CR 3:00 Pitch w/Pat - Parlor Laurels Neighborhood 6:30 Rummikub	10:00 Bingo - CR 26 2:00 Entertainment: "First Act" - Comm Rm 3:30 Wax Resist Watercolor Painting with Sara - Comm Room 6:00 Independent Film Group - CR
10:00 Seated Stretch with Sara - Comm Rm 27 11:00 Pokeno - CR 2:00 Vespers with Pastor Floyd - CR 3-3:30 Sundaes - CR 3:45 Lets Collage with Sara - Comm Room	10:00 Weights with Danny - Comm Room 28 1:30 Bingo - CR 3:00 Outing: Big Y, Walmart, Aldi's -sign up 3:00 Documentary: Anatomy of Glaciers by Woods Hole Oceanographic Inst. - CR 6:30 Qwirkle	10:00 Yoga with Valerie - Comm Rm 29 1:30 Bridge - Parlor 1:30 Outing: Shopping in Hadley: Trader Joes, Marshalls, TJ Maxx, etc. sign up 2:00 French Convo with Resident Monique - MR	10:00 Yoga w/Valerie Community Room 30 11:30 Brunch Outing: Cracker Barrel-sign up 1:30 Bingo - CR 3:00 Lemonade & Iced Tea Social with Kathleen - EYG or CR Weather Dependent 6:30 Game: Tripoley	10:00 Exercise Lynne 31 1:30 Blackjack - CR 2:00 Country Ride: Mt Tom - sign up 2:00 Lawn Games - Cornhole, Bocce, Croquet, Bowling - EYG 4:00 Meet & Greet Happy Hour Social - EYG 6:30 Game: 5 Crown	For appointments with the FootCare Nurse or Hairdresser, or if you have a suggestion for next month's calendar, please call Michelle @ extension 267.	