

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Gardens

			Marty Visits 10:00 Exercise 10:45 Hydration 11:00 Music w/Lauren 2:00 Baking 3:00 Snack Chat 3:30 Cornhole 4:30 Walking Group 6:00 Movie	1	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Music Memories 3:00 Snack Chat 3:30 Music w/David 4:30 Stretching 6:00 Movie	2	Footcare RN 10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Golf 3:00 Snack Chat 3:30 Sing A Long with Sara 4:30 Stretching	3	10:00 Exercise 10:45 Hydration 11:00 Manicures 2:00 Music Doug Schmolze 3:00 Snack Chat 3:30 Dance w/Grace 4:30 Stretching 6:00 Movie	4			
10:00 Exercise 10:45 Hydration 11:00 Biography: Marlon Brando 2:00 Bingo 3:30 Snack Chat 4:00 Sing A Long 4:30 Stretching	5	10:00 Exercise 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Golf & Bowling 3:00 Snack Chat 4:00 Hymn Sing with Chaplain Sue 4:45 Stretching	6	10:00 Students Visit 11:00 Exercise 10:45 Hydration 11:00 Trivia 2:00 Piano w/Michael 3:00 Snack Chat 3:30 Uke with Joe 4:30 Stretching 6:00 Movie	7	Marty Visits 10:00 Exercise 10:45 Hydration 11:00 Music w/Lauren 2:00 Poetry 3:00 Snack Chat 3:30 Bowling 4:30 Walking Group 6:00 Movie	8	10:00 Exercise 10:45 Hydration 11:00 Read A Loud 2:00 Bingo 3:00 Snack Chat 3:30 Music Therapy with Emily 4:30 Stretching 6:00 Movie	9	10:00 Exercise 10:45 Hydration 11:00 National Geographic Doc: Egypt's Lost Wonders 2:00 Ball Games 3:00 Snack Chat 3:30 Music w/Dave B 4:30 Stretching	10	10:00 Exercise 10:45 Hydration 11:00 Music with Lenny Zarcone 2:00 Arts & Crafts 3:00 Snack Chat 4:30 Stretching 6:00 Movie	11
10:00 Exercise 10:45 Hydration 11:00 Biography: Marilyn Monroe 2:00 Bingo 3:30 Snack Chat 4:00 Sing A Long 4:30 Stretching	12	10:00 Exercise 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Dance w/Grace 3:00 Snack Chat 4:00 Music with Lenny 4:45 Stretching 6:00 Movie	13	10:00 Students Visit 11:00 Exercise 10:45 Hydration 11:00 Bingo 2:00 Star of the Month: Vivien Lee 3:00 Snack Chat 3:30 Uke with Joe 4:30 Stretching	14	Marty Visits 10:00 Exercise 10:45 Hydration 11:00 Music w/Lauren 2:00 Baking 3:00 Snack Chat 3:30 Arts & Crafts 4:30 Walking Group 6:00 Movie	15	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Music Memories 3:00 Snack Chat 3:30 Music with Dave 4:30 Stretching 6:00 Movie	16	10:00 Exercise 10:45 Hydration 11:00 Nature Doc: Animals Super Senses 2:00 Cornhole 3:00 Snack Chat 3:30 SingALong /Sara 4:30 Stretching	17	10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Arts & Crafts 3:00 Snack Chat 3:30 Music with Freddie Marion 4:30 Stretching 6:00 Movie	18
10:00 Exercise 10:45 Hydration 11:00 Biography: Clark Gable 2:00 Bingo 3:30 Snack Chat 4:00 Sing A Long 4:30 Stretching	19	10:00 Exercise 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Manicures 3:00 Snack Chat 4:00 Hymn Sing with Chaplain Sue 4:45 Stretching	20	10:00 Students Visit 11:00 Exercise 10:45 Hydration 11:00 Bingo 2:00 Thanksgiving Memories 3:00 Snack Chat 3:30 Guitar w/Patrick 4:30 Stretching	21	Marty Visits 10:00 Exercise 10:45 Hydration 11:00 Music w/Lauren 2:00 Cornhole 3:00 Snack Chat 3:30 Thanksgiving Trivia 4:30 Walking Group	22	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Thanksgiving Movie TBD 3:00 Snack Chat 4:00 Stretching 6:00 Movie	23	10:00 Exercise 10:45 Hydration 11:00 Nature Doc: Underwater World 2:00 Bowling 3:00 Snack Chat 3:30 Sing A Long with Sara 4:30 Stretching	24	10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Manicures 3:00 Snack Chat 3:30 Music with Stephen & Beatrice 4:30 Stretching 6:00 Movie	25
10:00 Exercise 10:45 Hydration 11:00 Biography: Lucille Ball 2:00 Bingo 3:30 Snack Chat 4:00 Sing A Long 4:30 Stretching	26	10:00 Exercise 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Dance w/Grace 3:00 Snack Chat 4:00 Hymn Sing with Chaplain Sue 4:45 Stretching	27	10:00 Students Visit 11:00 Exercise 10:45 Hydration 11:00 Bingo 2:00 Baking Pumpkin Cookies 3:00 Snack Chat 3:30 Guitar w/Patrick 4:30 Stretching	28	Marty Visits 10:00 Exercise 10:45 Hydration 11:00 Music w/Lauren 2:00 Poetry 3:00 Snack Chat 3:30 Arts & Crafts 4:30 Walking Group 6:00 Movie	29	10:00 Exercise 10:45 Hydration 11:00 Read A Loud 2:00 Bingo 3:00 Snack Chat 3:30 Music with Dave 4:30 Stretching 6:00 Movie	30	FootCare Nurses: Nov 3 Podiatrist: Nov 16 Hair Salon: Nov 9 and 30 Call Michelle to schedule 570-2867			