

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## Laurels, Meadows, VC

				<p>10:00 Exercise Lynne – <b>1</b> Community Room <b>11:00 New Resident Orientation – Comm Rm</b> 1:00 Blackjack – CR 2:00 Movie: “Moving On” w/Jane Fonda &amp; Lilly Tomlin – Comm Rm 6:30 Game: 5 Crown</p>	<p><b>FootCare Nurse 2</b> 10:15 Exercise w/Julie Care One Rehab - CR 1:30 Movie: “Funny Girl” with Barbra Streisand Popcorn &amp; Pop – CR 2:00 Bridge – Parlor Laurels Neighborhood 6:30 Rummikub</p>	<p>10:00 Bingo – CR <b>3</b> <b>11:30 Lunch Outing: Fish Tales – sign up</b> <b>2:00 Entertainment: Ask Me Now - CR</b> 3:30 Poetry Writing &amp; Discussion w/Sara – CR 6:00 Independent Film Group w/Monique – CR 6:30 Mexican Train Dominoes</p>
<p>10:00 Seated Stretch with Sara – Comm Rm 10:45 Pokeno - CR 2:00 Bridge - Parlor 3:00 Root Beer Floats w/ Danny- Multi Purpose 3:30 Screening: “The Power of Myth”, E3 with Sara – Comm Room</p>	<p>10:00 Weights for Lightweights Danny- CR <b>5</b> <b>12:30 Music Monday @ Smith College – sign up</b> 1:30 Bingo! – CR <b>3:00 Outing: River Valley, Walmart, Big Y, Aldi, CVS Walgreens – sign up</b> 6:30 Qwirkle</p>	<p>10:00 Exercise Kathleen <b>6</b> 11:00 Coffee &amp; Conversation - MR 1:30 Card Game: Acey Deucey – Comm Room <b>1:30 Outing: Forbes Library – sign up</b> <b>3:00 Jazz Piano with Michael Leidig - CR</b> 4:00 Trivia - CR</p>	<p>10:00 Yoga with Valerie – Comm Rm <b>7</b> <b>11:00 Laurels Resident Meeting – Comm Rm</b> 1:30 Bingo – CR 3:00 Remembering Love Songs w/Kathleen – MR 4:00 Tea &amp; Cookie Social – Multi Purpose 6:30 Game: Tripoley</p>	<p>10:00 Exercise Lynne <b>8</b> <b>11:00 Resident Meeting: Meadows – Comm Rm</b> <b>1:30 Outing: Magic Wings Butterfly Museum \$14.00 - sign up</b> 1:30 Blackjack – CR <b>6:00 Comedy Show with Local Comedian Joanna Rush – Comm Rm</b> 6:30 Game: 5 Crown</p>	<p>10:15 Exercise w/Julie Care One Rehab – CR <b>9</b> <b>11:00 VC Resident Meeting - Cafe</b> 1:30 Movie: “Catherine Called Birdy” with Popcorn &amp; Pop – CR 2:00 Bridge – Parlor Laurels Neighborhood 6:30 Rummikub</p>	<p>10:00 Bingo – CR <b>10</b> <b>2:00 Entertainment: Jazzscape - CR</b> 3:30 Screening: “Around The World in 80 Faiths” with Sara – Comm Rm 6:00 Independent Film Group w/Monique - CR</p>
<p>10:00 Joyful Movement with Madelyn – CR <b>11</b> <b>2:00 Vespers with Pastor Floyd – CR</b> 2:00 Bridge - Parlor 3:00 Root Beer Floats with Danny - MR 3:30 Craft: Valentine Collage with Sara – CR</p>	<p>10:00 Weights for Lightweights Danny- CR <b>12</b> 2:00 Book Group: “Sapiens, A Brief History of Mankind” – Library 1:30 Bingo! – CR 3:00 Memorabilia with Pat B. – Comm Rm 6:30 Qwirkle</p>	<p>10:00 Exercise with Kathleen – Comm Room <b>13</b> 11:00 Simply Conversation - MR 2:00 Baking: Trail Mix – Country Kitchen 3:00 Walking Group - Meet @ Reception <b>3:00 Catholic Mass with Father Kingsley - CR</b></p>	<p>10:00 Yoga with Valerie – Comm Rm <b>14</b> 11:00 Needlecraft Group Meets – Multi Purpose <b>12:00 Couples Valentine’s Lunch - PD</b> 1:30 Bingo – CR <b>3:00 Concert: Love Songs w/O’Tones - CR</b> 6:30 Game: Tripoley</p>	<p>10:00 Exercise Lynne <b>15</b> <b>2:00 Birthday Party – CR Celebrating February Birthdays / All Residents Invited – Community Rm</b> 3:00 Blackjack Instruction Class with Pat B – Parlor 3:30 Circle of Life with Kathleen– Multi Purpose 6:30 Game: 5 Crown</p>	<p>10:15 Exercise w/Julie Care One Rehab – CR <b>16</b> <b>2:00 Guest Speaker: John Feffer, Director Foreign Policy In Focus Community Room</b> 2:00 Bridge – Parlor Laurels Neighborhood 6:30 Rummikub</p>	<p>10:00 Bingo – CR <b>17</b> <b>2:00 Entertainment: Larry Lewis - CR</b> 3:30 Poetry Writing &amp; Discussion Group with Sara – Comm Rm 6:00 Independent Film Group w/Monique – CR 6:30 Mexican Train Dominoes</p>
<p>10:00 Seated Stretch w/Sara – Comm Rm <b>18</b> 10:45 Pokeno – CR <b>2:00 Vespers - CR</b> 2:00 Bridge - Parlor 3:00 Brownie Sundaes w/ Danny- Multi Purpose 3:30 Screening: “The Power of Myth”, E4 with Sara – Comm Room</p>	<p>10:00 Weights for Lightweights Danny- CR <b>19</b> 11:00 RR Snap Shooters: “Apple” - CR 1:30 Bingo! – CR 3:00 Craft w/Kristin - CR <b>3:00 Outing: River Valley, Walmart, Big Y, Aldi, CVS Walgreens – sign up</b> 6:30 Qwirkle</p>	<p>10:00 Exercise Kathleen <b>20</b> 11:00 Ted Talk: “Why Do We Sleep?” - CR 1:30 Cooking Chili with Valerie– Country Kitchen 3:00 Walking Group with Valerie – Lobby 4:00 Resident &amp; Pet Social / Bring Treats and Toys – Community Rm</p>	<p>10:00 Yoga with Valerie – Comm Rm <b>21</b> 11:00 Needlecraft Group Meets – Multi Purpose 1:30 Bingo – CR 2:45 Music Memories – Multi Purpose Room 4:00 Hot Cocoa &amp; Cookie Social – MR 6:30 Game: Tripoley</p>	<p>10:00 Exercise with Lynne – Community Rm <b>22</b> 1:30 Blackjack with Michelle – Comm Room 3:00 Documentary: “The Gift, The Story of Johnny Cash” – Community Rm 6:30 Game: 5 Crown</p>	<p>10:15 Exercise w/Julie Care One Rehab – CR <b>23</b> 1:30 Movie: “Boys In The Boat” with Popcorn &amp; Pop – Comm Rm 2:00 Bridge – Parlor Laurels Neighborhood 6:30 Rummikub</p>	<p>10:00 Bingo – CR <b>24</b> <b>2:00 Entertainment: Laura Wetzler - CR</b> 3:30 Water Color Painting with Sara – Community Room 6:00 Independent Film Group w/Monique - CR</p>
<p>10:00 Joyful Movement with Madelyn – CR <b>25</b> <b>2:00 Vespers with Pastor Floyd – CR</b> 2:00 Bridge - Parlor 3:00 Root Beer Floats with Danny - MR 3:30 Screening: “Around the World in 80 Faiths / Africa” – Comm Room</p>	<p>10:00 Weights for Lightweights Danny – Community Room <b>26</b> 1:30 Bingo! – CR 3:30 Screening: “Oprah and Viola Davis” - CR 6:30 Qwirkle</p>	<p>10:00 Exercise with Kathleen - Comm Rm <b>27</b> 11:00 Simply Conversation – MR 1:30 Walking Group – Meet at Reception 2:30 Banana Splits – Community Room</p>	<p>10:00 Yoga with Valerie – Comm Rm <b>28</b> 11:00 Needlecraft Group Meets – Multi Purpose 1:30 Bingo – CR 2:00 Baking with Kathleen – Country Kitch 4:00 Tea &amp; Cookie Social – Multi Purpose 6:30 Game: Tripoley</p>	<p>10:00 Exercise with Lynne – Community Rm <b>29</b> 1:30 Blackjack with Michelle – Comm Room <b>3:00 Concert with Annie Patterson – Comm Rm</b> 4:15 Stretching with Kathleen - CR 6:30 Game: 5 Crown</p>	<p><b>With the renovation of the Community Room towards the end of the month, please check the digital boards, channel 918 and listen to the morning pre-recorded message for up-to-date room locations.</b></p>	