

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## Gardens

					10:00 Exercise 10:45 Hydration 11:00 Poetry 11:00 Baking 2:00 A Matter of Time 3:00 Crackers & Cheese 3:30 Music with Emily. 4:30 Walking Group 6:00 Movie	1 Footcare RN 10:00 Stretching 10:45 Hydration 11:00 Painting with Ken 2:00 Bingo 2:00 Men's Group 3:00 Orange Floats 3:30 Sing A Long w/Sara 4:30 Stretching 6:00 Movie	2 10:00 Exercise 10:45 Hydration 11:00 Music with Lenny 2:00 Baking 3:00 Popcorn Social 3:30 Dance with Grace 4:30 Stretching 6:00 Movie	3
10:00 Exercise 10:45 Hydration 11:00 Biography: William Shatner 2:00 Bingo 3:30 Fresh Fruit 4:00 Sing A Long 4:30 Stretching 6:00 Movie	4 10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Puzzles & Paint 2:30 True or False 3:00 Tea Social 4:00 Hymn Sing with Chaplain Sue 4:45 Stretching	5 10:00 Exercise 10:45 Hydration 11:00 Manicures 2:00 Cornhole 2:00 Star of the Month: Clark Gable 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 6:00 Movie	6 10:00 Exercise 10:45 Hydration 11:00 Music w/Lauren 2:00 Black History: Carter G Wilson 3:00 Popcorn Social 3:30 Bingo! 4:30 Stretching 6:00 Movie	7 Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Black History: Carter G Wilson 3:00 Popcorn Social 3:30 Bingo! 4:30 Stretching 6:00 Movie	8 10:00 Exercise 10:45 Hydration 11:00 Flower Craft 1 11:00 Political Profile: Dianne Feinstein 2:00 Poetry 2:00 Joke Time 3:00 Crackers & Cheese 3:30 Music with David B. 4:30 Walking Group	9 10:00 Stretching 10:45 Hydration 11:00 Trivia: The Rise & Shine of Breakfast 11:00 Painting with Ken 2:00 Bingo 2:00 Men's Group 3:00 Orange Floats 3:30 Sing A Long w/Sara 4:30 Stretching	10 10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Music with Lenny 3:00 Popcorn Social 3:30 Dance with Grace 4:30 Stretching 6:00 Movie	
10:00 Exercise 10:45 Hydration 11:00 Biography: Leonard Nemo 2:00 Bingo 3:30 Fresh Fruit 4:00 Sing A Long 4:30 Stretching 6:00 Movie	11 10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Flower Craft 2 3:00 Tea Social 4:00 Hymn Sing with Chaplain Sue 4:45 Stretching 6:00 Movie	12 10:00 Exercise 10:45 Hydration 11:00 Manicures 2:00 Golf 2:00 Love Songs 2:30 Music Trivia 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 6:00 Movie	13 10:00 Exercise 10:45 Hydration 11:00 Manicures 2:00 Golf 2:00 Love Songs 2:30 Music Trivia 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 6:00 Movie	14 Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Valentine Bingo! 3:00 Chocolate Covered Strawberry Social 3:30 Valentine Memories 4:30 Stretching 6:00 Movie	15 10:00 Exercise 10:45 Hydration 11:00 John Wayne's Stories of Courage 2:00 Poetry 2:00 Indoor Golf 3:00 Crackers & Cheese 3:30 Music with David B. 4:30 Walking Group 6:00 Movie	16 10:00 Stretching 10:45 Hydration 11:00 Baking 11:00 Painting with Ken 2:00 Bingo 2:00 Men's Group 3:00 Orange Floats 3:30 Sing A Long w/Sara 4:30 Stretching 6:00 Movie	17 10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Ukelele w/Joe 3:00 Popcorn Social 3:30 Dance with Grace 4:30 Stretching 6:00 Movie	
10:00 Exercise 10:45 Hydration 11:00 Biography: Patrick Stewart 2:00 Bingo 3:30 Fresh Fruit 4:00 Sing A Long 4:30 Stretching 6:00 Movie	18 10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Stain Glass Craft 3:00 Tea Social 4:00 Joke Time 4:45 Stretching 6:00 Movie	19 10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Weather or Dance 2:00 Manicures 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 4:30 Stretching 6:00 Movie	20 10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Weather or Dance 2:00 Manicures 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 4:30 Stretching 6:00 Movie	21 Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Black History: Barbara Jordan 3:00 Popcorn Social 4:30 Stretching 6:00 Movie	22 10:00 Exercise 10:45 Hydration 11:00 Door Craft 11:00 Poetry 2:00 Junk Drawer 2:00 Velcro Darts 3:00 Crackers & Cheese 3:30 Music with David B. 4:30 Walking Group 6:00 Movie	23 10:00 Stretching 10:45 Hydration 11:00 Baking 11:00 Painting with Ken 2:00 Bingo 2:00 Men's Group 3:00 Orange Floats 3:30 Sing A Long w/Sara 4:30 Stretching 6:00 Movie	24 10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Music with Lenny 3:00 Popcorn Social 3:30 Dance with Grace 4:30 Stretching 6:00 Movie	
10:00 Exercise 10:45 Hydration 11:00 Biography: Goldie Hawn 2:00 Bingo 3:30 Fresh Fruit 4:00 Sing A Long 4:30 Stretching 6:00 Movie	25 10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 11:00 Baking 2:00 Joke Time 3:00 Tea Social 4:00 Famous Nurses 4:45 Stretching 6:00 Movie	26 10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 The Magic of Music 2:00 Manicures 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 4:30 Stretching 6:00 Movie	27 10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 The Magic of Music 2:00 Manicures 3:00 Root Beer Floats 3:30 Guitar with Patrick 4:30 Walking Group 4:30 Stretching 6:00 Movie	28 Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Black History: Jack Johnson 3:00 Popcorn Social 4:30 Stretching 6:00 Movie	29 10:00 Exercise 10:45 Hydration 11:00 Baking 11:00 Poetry 2:00 Joke Time 2:00 Cornhole 3:00 Crackers & Cheese 3:30 Music with David B. 4:30 Walking Group 6:00 Movie			