

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2024

## Gardens

						Footcare RN 10:00 Stretching 10:45 Hydration 11:00 Painting with Ken 2:00 Bingo 2:00 Men's Group 3:00 Snack Chat 3:30 Sing A Long w/Sara 4:30 Walking Group	<b>1</b>	10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Music with Lenny 3:00 Snack Chat 3:30 Dance w/Valerie 4:30 Stretching 6:00 Movie	<b>2</b>				
10:00 Exercise 10:45 Hydration 11:00 Biography: Rex Harrison 2:00 Bingo 3:00 Snack Chat 4:00 Sing A Long 4:30 Stretching 6:00 Movie	<b>3</b>	10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 2:00 Music Therapy with Emily Higgins 3:00 Snack Chat 4:00 Spring Door Craft 4:45 Walking 6:00 Movie	<b>4</b>	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Baking 3:00 Snack Chat 3:30 Guitar with Patrick 4:30 Stretching 6:00 Movie	<b>5</b>	Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Painting with Ken 3:00 Snack Chat 3:30 Bingo! 4:30 Walking 6:00 Movie	<b>6</b>	10:00 Exercise 10:45 Hydration 11:00 Poetry 2:00 Craft: Sun Catchers 3:00 Snack Chat 3:30 Music with Dave B 4:30 Stretching 6:00 Movie	<b>7</b>	10:00 Stretching 10:45 Hydration 11:00 Painting with Ken 2:00 Remembering Irish Love Songs 2:00 Men's Group 3:00 Snack Chat 3:30 Sing A Long w/Sara 4:30 Walking Group	<b>8</b>	10:00 Exercise 10:45 Hydration 11:00 Music with Lenny 2:00 Doc: Barbie 3:00 Snack Chat 3:30 Dance with Grace 4:30 Stretching 6:00 Movie	<b>9</b>
10:00 Exercise 10:45 Hydration 11:00 Biography: Julie Andrews 2:00 Bingo 3:00 Snack Chat 4:00 Sing A Long 4:30 Stretching 6:00 Movie	<b>10</b>	10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 2:00 Painting with Ken 3:00 Snack Chat 4:00 Music Therapy with David Soltz 4:45 Walking 6:00 Movie	<b>11</b>	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Gardening 3:00 Snack Chat 3:30 Guitar with Patrick 4:30 Stretching 6:00 Movie	<b>12</b>	Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Baking 3:00 Snack Chat 3:30 Bingo! 4:30 Walking 6:00 Movie	<b>13</b>	10:00 Exercise 10:45 Hydration 11:00 Read A Loud 2:00 Painting with Ken 3:00 Snack Chat 3:30 Music with Dave B 4:30 Stretching 6:00 Movie	<b>14</b>	10:00 Stretching 10:45 Hydration 11:00 Men's Group 2:00 Manicures 2:00 Bingo! 3:00 Snack Chat 3:30 Sing A Long w/Sara 4:30 Walking Group 6:00 Movie	<b>15</b>	10:00 Exercise 10:45 Hydration 11:00 Trivia 2:00 Music with Lenny 3:00 Snack Chat 3:30 Dance with Grace 4:30 Stretching 6:00 Movie	<b>16</b>
10:00 Exercise 10:45 Hydration 11:00 Biography: Judy Garland 2:00 Bingo 3:00 Snack Chat 4:00 Sing A Long 4:30 Stretching 6:00 Movie	<b>17</b>	10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 2:00 Music Therapy with Emily Higgins 3:00 Snack Chat 4:00 Painting with Ken 4:45 Walking 6:00 Movie	<b>18</b>	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Baking 3:00 Snack Chat 3:30 Guitar with Patrick 4:30 Stretching 6:00 Movie	<b>19</b>	Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 What Am I? 3:00 Snack Chat 3:30 Bingo! 4:30 Walking 6:00 Movie	<b>20</b>	10:00 Exercise 10:45 Hydration 11:00 Sing A Long 2:00 Painting with Ken 2:00 Country Ride 3:00 Snack Chat 3:30 Music with Dave B 4:30 Stretching 6:00 Movie	<b>21</b>	10:00 Stretching 10:45 Hydration 11:00 Academy Awards Songs 2:00 Bingo! 2:00 Men's Group 3:00 Snack Chat 3:30 Sing A Long w/Sara 4:30 Walking Group	<b>22</b>	10:00 Exercise 10:45 Hydration 11:00 Baking 2:00 Music with Lenny 3:00 Snack Chat 3:30 Velcro 4:30 Stretching 6:00 Movie	<b>23</b>
10:00 Exercise 10:45 Hydration 11:00 Biography: Vivien Lee 2:00 Bingo 3:00 Snack Chat 4:00 Sing A Long 4:30 Stretching 6:00 Movie	<b>24</b>	10:00 Gentle Stretch 10:45 Hydration 11:00 Country Ride 2:00 Painting with Ken 3:00 Snack Chat 4:00 Music Therapy with David Soltz 4:45 Walking 6:00 Movie	<b>25</b>	10:00 Exercise 10:45 Hydration 11:00 Baking: No Bake Cheesecake 2:00 Bio: Diana Ross 3:00 Snack Chat 3:30 Guitar with Patrick 4:30 Stretching 6:00 Movie	<b>26</b>	Marty Visits 10:00 Morning Stretch 10:45 Hydration 11:00 Music w/Lauren 2:00 Baking 3:00 Snack Chat 3:30 Bingo! 4:30 Walking 6:00 Movie	<b>27</b>	10:00 Exercise 10:45 Hydration 11:00 Poetry 2:00 Easter Craft 2:00 Country Ride 3:00 Snack Chat 3:30 Music with Dave B 4:30 Stretching 6:00 Movie	<b>28</b>	10:00 Stretching 10:45 Hydration 11:00 Baking 2:00 Painting with Ken 2:00 Men's Group 3:00 Snack Chat 3:30 Sing A Long w/Sara 4:30 Walking Group 6:00 Movie	<b>29</b>	10:00 Exercise 10:45 Hydration 11:00 Trivia 2:00 Music with Lenny 3:00 Snack Chat 3:30 Doc: Van Gogh 4:30 Stretching 6:00 Movie	<b>30</b>
10:00 Exercise 10:45 Hydration 11:00 Biography: Elizabeth Taylor 2:00 Bingo 3:00 Snack Chat 4:00 Sing A Long 4:30 Stretching 6:00 Movie	<b>31</b>												

Type the name, address, and other information about your community/company here.