

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|--|---|--|--|---|--|--|
|  | 10:00 Weights w/Danny <b>1</b><br>Meadows Basement<br><b>11:00 New Resident Orientation-Laurels Bas</b><br>1:30 Bingo – Meadows<br><b>3:00 Comedian Linda Belt Performs (Rated R)</b><br>Meadows Basement<br>6:30 Qwirkle                                 | 10:00 Gentle Stretch w/ <b>2</b><br>Kathleen–Meadows Bsm<br>11:00 In Room Visits with Kathleen<br>2:00 Walking Group – Meet @ Reception<br><b>3:30 Piano in the Parlor Michael Leidig / Jazz</b><br><b>6:00 Guest Poet: Chaya Grossberg-Laurels Bsmt</b> | 10:00 Tai Chi with Alex <b>3</b><br><b>11:00 Laurels Resident Meeting– Laurels Bsmt</b><br>1:30 Bingo – Meadows<br>3:00 Beginners<br>Blackjack w/Pat – CK<br>3:00 Music Appreciation<br>Doc: Marvin Gaye – Laurels Basement<br>6:30 Game: Tripoley | 10:00 Exercise Lynne <b>4</b><br>Meadows Basement<br><b>11:00 Meadows Resident Meeting – Meadows Bsmt</b><br><b>12:00 Lunch @ Café Esselon – sign up</b><br>1:30 Blackjack-Meadows<br>4:00 Cranberry Cooler<br>Social – Multi Purpose<br>6:30 Game: 5 Crown | <b>FootCare Nurses 5</b><br>10:15 Exercise with Julie<br><b>11:00 VC Resident Meeting - Cafe</b><br><b>2:00 Guest Speaker: John Feffer, Director Foreign Policy In Focus - Laurels Basement</b><br>3:00 Scrabble - Parlor<br>6:30 Rummikub | 10:00 Bingo – Meadows <b>6</b><br><b>2:00 Entertainment: The Kurtz Jazz Quartet</b><br>Meadows Basement<br>3:30 Creative Coloring and Conversation with Sara – Meadows<br>6:00 Independent Film Group - Laurels  |
| <b>9:00 Beginners Spanish 7</b><br>w/Sophie – Laurels Base<br>10:00 Seated Stretch with Sara - Meadows<br>1:30 Pokeno – Meadows<br>3:00 Root Beer Floats - Multi Purpose / Laurels<br>3:30 Screening: “Our Planet” Episode 1 – Laurels Basement  | 10:00 Weights w/Danny <b>8</b><br><b>12:30 Music Monday @ Smith – sign up</b><br>1:30 Bingo-Act.Rm Bsmt<br>2:00 Book Group: “The Heaven & Earth...” by James McBride – Library<br><b>3: Grocery Shop–signup</b><br>3:00 Memorabilia w/Pat<br>6:30 Qwirkle | <b>10:30 Smith Voc. 9</b><br><b>Students Visit – Learn More About This Pilot Program – Laurels Bsmt</b><br>1:00 In Room Visits with Kathleen<br>2:00 Walking Group – Meet @ Reception<br>3:00 Gentle Stretch – Meadows Basement                          | 10:00 Tai Chi w/ Alex <b>10</b><br>Meadows Basement<br><b>11:45 Lunch @ Blue Bonnet – sign up</b><br>1:30 Bingo – Meadows<br>3:00 Music Appreciation<br>Doc: Gordon Lightfoot – Laurels Basement<br>6:30 Game: Tripoley                            | <b>10:30 Smith Voc 11</b><br><b>Students Visit – Meadows Basement</b><br>1:00 Blackjack-Meadows<br><b>2:00 Ice Cream @ Village Green – sign up</b><br>4:00 Lemonade & Cookie Social - MR<br>6:30 Game: 5 Crown  | 10:15 Exercise with <b>12</b><br>Julie/Care One Rehab<br>Meadows Basement<br>1:30 Movie: “Cloud Burst” starring Olympia Dukakis – Laurels<br>3:00 Scrabble – Parlor<br>6:30 Rummikub   | <b>8:30 Made To Order 13</b><br><b>Omelets w/Danny – CK Max. 6 residents - sign up</b><br>10:00 Bingo–Meadows<br><b>2:00 Entertainment: Steve &amp; Tom - Meadows</b><br>3:30 Poetry Writing & Discussion - Laurels<br>6:00 Indep. Film - Laurels<br>6:30 Mexican Train Dom    |
| <b>9:00 Spanish–Laurels 14</b><br>10:00 Joyful Movement<br>Madelyn– Meadow Bsmt<br><b>1:00 Passover Insights w/ Yocheved – Laurels Bsmt</b><br><b>2:00 Vespers w/Floyd – Laurels Basement</b><br>3:00 Root Beer Floats - MR<br>3:30 Screening: Cosmos, A Space Time Odyssey” Ep 2<br>Laurels Basement          | 10: Weights w/Danny <b>15</b><br>11:00 Cell Phone Photo Group: Todays Photo “Confusion” - MR<br>1:30 Bingo – Act. Rm.<br><b>3:00 Painting w/Natasha Meadows Basement</b><br>4:00 Prayer Group<br>w/Malcolm– Training Rm<br>6:30 Qwirkle                   | 10:00 Gentle Stretch <b>16</b><br>Kathleen – Meadows<br>11:Room Visits / Kathleen<br>11:00 Card Game: Acey Ducey – Country Kitchen<br>2:00 Walking Group – Meet @ Reception<br>3:00 Baking Kathleen- CK<br><b>3:00 Catholic Mass – Laurels Basement</b>  | 10:00 Tai Chi w/ Alex <b>17</b><br>1:30 Bingo – Meadows<br><b>1:45 Yankee Candle Community Outreach Delivering Spring Bouquets – Laurels Bsm</b><br>3:00 Screening: Rick Steeves: “Art of Ancient Rome” Laurels Bsmt<br>6:30 Game: Tripoley        | 10:00 Exercise with <b>18</b><br>Lynne – Meadows<br>11:00 Virtual Reality:<br>First Ladies – Laurels B<br><b>2:00 Guest Author: Nancy Crochierre – Laurels Basement</b><br>3:30 Blackjack – Meadows Basement<br>6:30 Game: 5 Crown                          | <b>19</b><br>10:15 Exercise with Julie/Care One Rehab<br>Meadows Basement<br>1:30 Movie: “The Whale” starring Brendan Frasier<br>Laurels Basement<br>3:00 Scrabble – Parlor<br>6:30 Rummikub   | <b>20</b><br>10:00 Bingo–Meadows<br><b>2:00 Entertainment: Doug Schmolze Music &amp; Multi Media Presentation - Laurels Basement</b><br>3:30 Trivial Pursuit with Sara - Laurels Basement<br>6:00 Indep. Film Group  |
| <b>9:00 Beginners Spanish 21</b><br>w/Sophie – Laurels Bsmt<br>10:00 Seated Stretch with Sara –Meadow Basement<br>10:45 Pokeno – Meadows<br><b>2:00 Vespers with Floyd Laurels Basement</b><br>3:00 Root Beer Floats-MR<br>3:30 Screening: “Our Planet” Ep 2 – Laurels B                                       | 10:00 Weights w/Danny <b>22</b><br>11:00 Chronic Illness Support Group - MR<br>1:30 Bingo – Act. Rm.<br>3:00 Documentary: Earth Day’s “Ice on Fire” – Rec/Training Rm Laurels<br><b>3:00 Grocery Shopping sign up</b><br>6:30 Qwirkle                     | 10: Stretch w/Kathleen <b>23</b><br>11:00 In Room Visits<br>11:00 Card Game: Acey Ducey – Country Kitchen<br>2:00 Walking Group – Meet @ Reception<br>3:00 Music Trivia with Kathleen- Multi Purpose<br>4:00 Tea & Cookies – Multi Purpose Room          | 10:00 Tai Chi w/ Alex <b>24</b><br>Meadows Basement<br>1:30 Bingo – Meadows<br>3:00 Arbor Day Music Program: Tree Songs – Multi Purpose Room<br><b>3:30 Dinner Outing: Texas Roadhouse Hadley - sign up</b><br>6:30 Game: Tripoley                 | 10:00 Exercise with <b>25</b><br>Lynne – Meadows<br><b>1:30 Concert: Gladius “Flamenco Fusion” Guitar - Meadows</b><br>3:00 Circle of Life with Kathleen –Multi Purpose<br>4:00 Frozen Marguerita Social – Multi Purpose<br>6:30 Game: 5 Crown              | <b>26</b><br>10:15 Exercise with Julie/Care One Rehab<br>Meadows Basement<br>11:00 Virtual Reality – Laurels Basement<br><b>2:00 Guest Poet – Stephanie Shafran Laurels Basement</b><br>3:00 Scrabble - Parlor<br>6:30 Rummikub            | <b>8:30 Made To Order 27</b><br><b>French Toast w/Danny Max. 6 residents - sign up</b><br>10:00 Bingo Bash<br><b>2:00 Entertainment: Agawam Melody Band Meadows Basement</b><br>3:30 Poetry Writing & Discussion – Laurels<br>6:00 Indep. Film Group<br>6:30 Mexican Train Dom |
| <b>9:00 Spanish-Laurels B 28</b><br>10:00 Joyful Movement<br>Madelyn– Meadow Bsmt<br><b>2:00 Vespers with Floyd Laurels Basement</b><br><b>1:15 Outing: Heart Of The Valley Chorus, Bombyx in Florence \$20/Tix– sign up</b><br>3:00 Root Beer Floats-MR<br>3:30 Screening: Cosmos, A Space Time Odyssey” Ep 3 | 10: Weights w/Danny <b>29</b><br>1:30 Bingo – Act. Rm<br>3:00 Screening: Rick Steeves “Art of Ancient Greece” – Rec/Training Rm Laurels Basement.<br>4:00 Prayer Group with Malcolm– Rec/Training Room Laurels Bsmt<br>6:30 Qwirkle                       | <b>10:30 Smith Voc. 30</b><br><b>Students Visit - Meadows Basement</b><br>1:00 In Room Visits with Kathleen<br><b>2:30 Ice Cream @ Village Green – sign up</b><br>3:00 Gentle Stretch – Meadows Basement   | <h1>April 2024</h1> <h2>Laurels / Meadows / Violette’s Crossing</h2>   |   |  |  |