

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2024

## Laurels / VC / Meadows

				<p><b>10:00 Exercise with Lynne - Comm Room</b> 10:00 Hand Massages w/Kathleen - sign up <b>2:00 Concert: Jimmy Mazz - Comm Rm</b> 3:15 Blackjack - CR Game: 5 Crown</p>	<p><b>Foot Care Nurse</b> <b>10:15 Exercise Julie-CR</b> <b>11:00 New Resident Orientation - Comm Rm</b> 2:00 Documentary - "An Inconvenient Truth" - Comm Room 3:00 Cribbage - Library 6:30 Game:Rummikub</p>	<p>10:00 Bingo - Comm Rm <b>2:00 Entertainment: The Meaningful Magic David Reed-Brown - CR</b> 3:30 Fun with Water Colors with Sara - Meadows Basement 6:00 Independent Film Group with Monique - Laurels Basement</p>
<p><b>10:00 Joyful Movement w/Madelyn - Comm Rm</b> <b>1:30 - Mindful Meditation w/Steph (20 Minute Class) - MR</b> 2:00 Screening: Pink Panther - Comm Rm 3:00 Rootbeer Floats with Danny - MR</p>	<p>10:00 Weights for Lightweights Danny - Community Room 1:30 Bingo - CR 2:30 Baking w/Danny - Country Kitchen 3:00 Scrabble - Parlor 6:30 Game: Qwirkle</p>	<p>10:00 Gentle Stretch Kathleen - Comm Rm 11:00 Walking Group Meet at Reception <b>1:30 Country Ride to Mount Tom - sign up</b> 3:30 Watermelon &amp; Rosewater Ice Tea Social - Multi Purpose</p>	<p><b>10:00 Tai Chi with Alex - Community Room</b> <b>11:00 Laurels Resident Meeting - Comm Room</b> 1:30 Bingo- Comm Rm 3:00 Making Salsa with Kathleen - Country Kitchen 6:30 Game: Tripoley</p>	<p><b>10:00 Singing Bowls w/Jody Powers - CR</b> <b>11:00 Meadows Resident Meeting- CR</b> <b>2:00 Ice Cream Outing: Village Green sign up</b> 6:30 Game: 5 Crown</p>	<p><b>10:15 Exercise with Julie /Care 1 Rehab - CR</b> <b>11:00 VC Resident Meeting - Cafe</b> 2:00 Movie / Comedy: Family Affair starring Nicole Kidman - CR 3: Monopoly - Library 6:30 Game:Rummikub</p>	<p>8:30 Omelettes with Danny - sign up - CK 10:00 Bingo - Comm Rm <b>2:00 Entertainment: Keir White - Comm Rm</b> 3:30 Poetry Writing &amp; Discussion w/Sara - CR 6:00 Independent Film Group with Monique - Laurels Basement</p>
<p>10:00 Seated Stretch 10:45 Game: Pokeno- CR <b>1:30 Mindful Meditation (20 Minutes) Steph - MR</b> <b>2:00 Church Service with Pastor Floyd - CR</b> 3:00 Brownie Sundaes with Danny - MR 3:30 Screening: Space Time Odyssey, Ep. 4 - CR</p>	<p>10:00 Weights for Lightweights w/Danny 11:00 Tech Help with Hannah - Comm Rm 1:30 Bingo - CR 3:00 Scrabble - Parlor <b>3:00 Outing: Grocery Shopping - sign up</b> 6:30 Game: Qwirkle</p>	<p>10:00 Gentle Stretch with Kathleen - CR 11:00 Walking Group - Meet at Reception <b>2:00 MA Audubon Guest Speaker: P Steinman, "Local Wild Life" - CR</b> 3:30 Cranberry Sangria Social - MR</p>	<p><b>10:00 Tai Chi with Alex - Community Room</b> 11:00 Room Visits with Kathleen 1:30 Bingo-Comm Rm 3:00 Berries &amp; Cream Social with Kathleen Multi Purpose Room 6:30 Game: Tripoley</p>	<p><b>10:00 Chair Yoga with Alex- Comm Room</b> <b>11:30 Lunch Outing: Hot Fire Bar &amp; Grill, Shelburne Falls- sign up</b> 3:00 Music Memories with Kathleen - Multi Purpose Room 6:30 Game: 5 Crown</p>	<p><b>10:15 Exercise with Julie /Care 1 Rehab - CR</b> 2:00 Movie / Comedy: Ghost Busters, Frozen Empire (2024) starring Paul Rudd - CR 3:00 Game: Boggle - 3rd Floor Library 6:30 Game: Rummikub</p>	<p>10:00 Bingo - CR <b>2:00 Entertainment: Teresa Lorrenco &amp;Rich Cahillaine - Comm Rm</b> 3:30 Dice / Word Game Boggle - Comm Rm 6:00 Independent Film Group with Monique - Laurels Basement</p>
<p><b>10:00 Joyful Movement w/Madelyn - Comm Rm</b> <b>1:30 - Mindful Meditation w/Steph (20 Minutes) - MR</b> <b>2:00 Church Service with Pastor Floyd - Comm Rm</b> 3:00 Rootbeer Floats with Danny - MR <b>3:30 Piano &amp; Cello Concert w/Noah - CR</b></p>	<p>10:00 Weights for Lightweights Danny 11:00 Tech Help - CR 1:30 Bingo - CR <b>2:30 Outing: Sheldon's Ice Cream, Southampton - sign up</b> 3:00 Scrabble - Parlor 6:30 Game: Qwirkle</p>	<p>10:00 Gentle Stretch Kathleen - Comm Rm 11:00 Walking Group Meet at Reception <b>2:00 Painting with Natasha Meadows Bsmt</b> 3:30 Frozen Apple Margarita Social - Multi Purpose Room</p>	<p><b>10:00 Tai Chi with Alex - Comm Rm</b> 11:00 Room Visits with Kathleen 1:30 Bingo- Comm Rm <b>2:00 Butterfly Museum Deerfield with Kathleen \$14.00 - sign up</b> 6:30 Game: Tripoley</p>	<p><b>10:00 Chair Yoga with Alex - Comm Room</b> <b>11:00 Doggie Social with Kona &amp; Marty - Comm Rm</b> 1:30 Blackjack - Meadows Basement 2:00 Documentary: How The Beatles Changed The World - Comm Rm 6:30 Game: 5 Crown</p>	<p><b>10:15 Exercise with Julie /Care 1 Rehab - CR</b> 2:00 Docuseries: Simon Biles Rising, Episode 1 - CR 3:00 Cribbage - 3rd Floor Library 6:30 Game: Rummikub</p>	<p>8:30 Omelettes with Danny - sign up - CK 10:00 Bingo - Comm Rm <b>2:00 Entertainment: Combo Compact - CR</b> 3:30 Creative Coloring &amp; Chat - Meadows Bsmt 6:00 Independent Film Group with Monique - Laurels Basement</p>
<p>10:00 Seated Stretch 10:45 Game: Pokeno- CR <b>1:30 Mindful Meditation (20 Minutes) Steph - MR</b> <b>2:00 Church Service with Pastor Floyd - Comm Rm</b> 3:00 Brownie Sundaes with Danny - MR 3:30 Screening: Space Time Odyssey, Ep. 5 - CR</p>	<p>10:00 Weights for Lightweights Danny 1:30 Bingo - CR 2:30 Orange Floats w/ Danny - Multi Purpose 3:00 Memorabilia with Pat B - Comm Room 6:30 Game: Qwirkle</p>	<p>10:00 Gentle Stretch Kathleen - Comm Rm 11:00 Walking Group - Meet at Reception 2:00 Ted Talk with Kathleen - Comm Rm 3:30 Crushed Peach Mocktail Social - MR</p>	<p><b>10:00 Tai Chi with Alex - Community Room</b> <b>10:30 Outing: Grocery Shopping - sign up</b> 1:30 Bingo- Comm Rm 3:00 Circle of Life w/Kathleen - Multi Purpose Room 6:30 Game: Tripoley</p>	<p><b>10:00 Exercise with Lynne - Comm Room</b> 10:00 Hand Massages w/Kathleen - sign up 1:30 Blackjack - CR <b>2:00 Country Ride to Quabbin Reservoir with Kathleen - sign up</b> 6:30 Game: 5 Crown</p>	<p><b>10:15 Exercise with Julie /Care 1 Rehab - CR</b> 2:00 Docuseries: Simon Biles Rising, Episode 2 - CR 3:00 Game: Monopoly 3rd Floor Library 6:30 Game: Rummikub</p>	<p>10:00 Bingo Bash! - CR <b>2:00 Entertainment: King Country with Ray - Community Room</b> 3:30 Fun with Model Magic - Meadows Bsmt 6:00 Independent Film Group with Monique - Laurels Basement</p>