

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Forgiveness Day 1 10:00 Chair Yoga with Alex - Comm Room 1:30 Mindful Meditation Steph (30 Minutes) -MR 2:00 Screening: "A Shot In The Dark" (Pink Panther) -Comm Room 3:00 RootBeer Floats with Danny - MR	10:00 - Weights with Danny - Comm Room 2 12:00 Labor Day BBQ - Enjoy in Dining Rooms 1:30 Bingo - CR 3:30 Labor Day Music & Media Program with Doug Schmolze - CR 6:30 Game: Qwirkle	10:00 - Gentle Stretch w/Kathleen - CR 3 11:00 Walking Group - Meet @ Concierge 2:00 Ice Cream Outing: Cooks Farm - sign up 4:00 Lemonade & Cookie Social - Multi Purpose Rm & EYG	10:00 Tai Chi with Alex Community Room 1:00 Casino Outing with Michelle - sign up (minimum 5 residents) 1:30 Bingo - CR 6:30 Game: Tripoley 4	Hair Salon Is Open 5 10:00 Chair Yoga w/Alex 11:00 Room Visits with Kathleen - call 267 to schedule 2:00 Artist Reception: Loïs Barber - Comm Room 3:30 Blackjack with Michelle - Comm Room 6:30 Game: 5 Crown	Foot Care Nurse 6 10:15 Exercise w/Julie - Care One Rehab - CR 1:30 Documentary - "An Inconvenient Sequel, Truth To Power" 2017 - Community Room 6:30 Game: Rummikub	10:00 Bingo - Comm Rm 7 2:00 Entertainment: Ask Me Now (Quartet) - CR 3:30 Poetry Writing and Discussion with Sara - Community Room 6:00 Independent Film Group with Monique - Laurels Basement
10:00 Chair Yoga with Alex - Comm Room 8 1:30 Mindful Meditation w/ Steph (30 Minutes) -MR 2:00 Church Service with Pastor Floyd - CR 3: Brownie Sundaes -MR 3:15 Screening: Remembering Gene Wild Community Room	10:00 - Weights with Danny - Comm Room 9 11:00 New Resident Orientation - Comm Rm 1:30 Bingo - CR 2:00 Book Group: "Horse" by Geraldine Brooks - Laurels Library 3: Outing: Grocery - sign up 6:30 Game: Qwirkle	10:00 Exercise Kathleen 10 11:00 Community Gathering w/Jenny All Are Welcome - CR 11:00 Walking Group - Meet @ Concierge 2:00 Current Events with Kathleen - Multi Purpose 3:30 Iced Tea & Cookie Multi Purpose Room	10:00 Tai Chi with Alex Community Room 11 11:00 Laurels Resident Meeting - Comm Rm 1:30 Bingo - CR 2:00 Tech Help with Kathleen - Library 3:00 Music Memories: One Hit Wonders - MR 6:30 Game: Tripoley	10:00 Chair Yoga with Alex - Comm Room 12 11:00 Meadows Resident Meeting - Comm Room 2:00 Drum Circle with Tara Community Room 3:00 Country Ride - sign up 3:30 Blackjack with Michelle - Comm Room 6:30 Game: 5 Crown	10:15 Exercise w/Julie 13 11:00 VC Resident Meeting - Cafe 2:00 Guest Speaker: Carol Owens "Views on American Political Economy, History & Present" - CR 6:30 Game: Rummikub	8:30 Omelettes with Danny - sign up 14 10:00 Bingo - Comm Rm 2:00 Entertainment: Laura Hicks (Solo) - Comm Rm 3:30 On this date: Golden Girls Debuted in 1985: Screening Ep 1-CR 6:00 Independent Film Group w/Monique -Bsmnt
10:00 Joyful Movement w/Madelyn - Comm Rm 15 1:30 - Mindful Meditation w/Steph (30 Minutes) - MR 2:00 Church Service with Pastor Floyd - Comm Rm 3:00 Rootbeer Floats with Danny - MR 3:00 Screening: My Octopus Teacher - CR	10:00 - Weights with Danny - Comm Room 16 11:00 Activities Committee Meeting - All Welcome - CR 12:30 Outing: "Music Monday" @ Smith - sign up 1:30 Bingo - CR 2:45 Movie: "Cocoon" Stars: Don Ameche - CR 6:30 Game: Qwirkle	10:00 Exercise with Kathleen - Comm Rm 17 11:00 Walking Group - Meet @ Concierge 1:30 Outing: Wonderland Vintage Consignment Shop Easthampton - sign up 3:30 Cider & Cookie Social - Multi Purpose	10:00 Tai Chi with Alex Community Room 18 10:30 Hand Massages with Kathleen - sign up 1:30 Bingo - Comm Rm 3:00 Music Doc: TBD - Community Room 3:30 Dinner Outing: Texas Roadhouse - sign up 6:30 Game: Tripoley	Hair Salon Is Open 19 10:00 Exercise with Lynne Community Room 1:30 Blackjack with Michelle - Comm Rm 2:30 Outing Williamsburg Country Store 6:30 Game: 5 Crown	10:15: Ba duan jin with Alex - Comm Room 20 1:30 True Story - "The World's Fastest Indian" Starring: Anthony Hopkins - Comm Room 6:30 Game: Rummikub	10:00 Bingo - CR 21 1:00 On this date: Stephen King was born - Doc: Necessary Evil - Laurels Basement 2:00 Entertainment: Jazzscape - Comm Rm 3:00 Painting with Natasha Meadows Basement 6:00 Indep. Film Group
10:00 Chair Yoga with Alex - Comm Room 22 1:30 Mindful Meditation w/ Steph (30 Minutes) - MR 2:00 Church Service with Pastor Floyd - CR 3: 00 Brownie Sundaes - with Danny - MR 4:00 Card Game: Acey Duecy with Danny - CK	10:00 - Weights with Danny - Comm Room 23 11:00 Go Green Committee All Are Welcome -CR (New) 1:30 Bingo - CR 2:45 Movie: "Cocoon, The Return", Starring Jessica Tandy - CR 6:30 Game: Qwirkle	10:00 Exercise with Kathleen - Comm Rm 24 11:00 Walking Group - Meet @ Concierge 11:00 Community Gathering w/Jenny - CR 1:30 Hand Massages - sign up 3:00 Catholic Mass with Father Kingsley - CR	10:00 Tai Chi with Alex Community Room 25 10:30 - 11:30 Outing: Grocery Shopping, Big Y, Walmart - sign up 12:00 Lunch Outing: Fish Tales, Hatfield - sign up 1:30 Bingo - CR 3: Music Memories 6:30 Game: Tripoley	10:00 Singing Bowls with Jodi - Comm Room 26 1:00 Blackjack with Michelle - Comm Rm 2:00 Ice Cream Outing - Village Green - sign up 3:00 Circle of Life with Kathleen - Comm Rm 6:30 Game: 5 Crown	10:15: Exercise with Julie from Care One Rehab - CR 27 1:30 Biographical Movie: "I Am Woman" (Helen Reddy Story) - Community Room 6:30 Game: Rummikub	National Neighbors Day 28 8:30 Omelettes with Danny - sign up - CK 10:00 Bingo Bash - CR 2:00 Entertainment: The O'Tones (Trio) - CR 3:00 Screening: There Goes The Neighborhood w/Jeff Daniels - Laurels Basement 6:00 Independent Film Group w/Monique - Bsmnt
10:00 Joyful Movement w/Madelyn - Comm Rm 29 1:30 Mindful Meditation w/ Steph (30 Minutes) - MR 2:00 Church Service with Pastor Floyd - Comm Rm 3:00 Rootbeer Floats with Danny - MR 3:00 Screening: Woman in Gold - Comm Room	10:00 - Weights with Danny - Comm Room 30 11:00 Card Game: Acey Duecy - CK 1:30 Bingo - CR 3:00 Memorabilia with Pat Bachand - CR 6:30 Game: Qwirkle	<h1>September 2024</h1> <h2>LAURELS/MEADOWS/VC</h2>				