

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Laurels, Meadows, VC

			<p>10:00 -Tai Chi with Alex Community Room 1:30: Bingo - CR 3:00 New Year's Trivia with Kathleen - MR 4:00 Wine Down with Kathleen - MR 6:30 Game: Tripoley</p>	<p>10:00 Exercise with Lynne - Comm Room 1:30 Blackjack with Michelle - Laurels 2:00 Outing: Target & TJ Maxx - sign up 2:30 Movie: "August Rush" - Comm Rm 6:30 Game: 5 Crown</p>	<p>FootCare RN 10:15 Exercise with Julie/Care One - CR 1:30 BioPic: "Lee" stars Kate Winslet - CR 3:00 Scrabble - Laurels Library, 3rd Fl. 6:30 Game: Rummikub</p>	<p>10:00 Bingo - CR 2:00 Entertainment: John Sheldon (1st Time Performing @ RR) - Comm Room 3:30 Experiment with Oil Pastels with Sara - Comm Room</p>
<p>10:00 Joyful Movement with Madelyn - CR 11:00 Documentary: Wild Babies, E 1 - CR 1:15 Mindful Meditation w/Steph - Multi Purpose 2:00 Movie: "The Dig" Stars Ralph Fiennes - Community Room</p>	<p>10:00 Weights for Lightweights / Danny- 11:00 New Resident Orientation w/Danny-CR 1:30 Bingo - CR 2:30 Brownie Sundaes Multi Purpose Room 3:30 Mini Series Drama: Olive Kitteridge, Ep 1- CR 6:30 Game: Qwirkle</p>	<p>10:00 Chair Yoga with Alex - Comm Rm 11:00 Rockridge Round Up - Comm Rm 1:00 Scrabble - Laurels Library, 3rd Fl 2:00 Drawing for Everyone with Hannah Workshop #1 - CR</p>	<p>10:00 Gentle Stretch with Kathleen - CR 11:00 Laurels Resident Meeting - Comm Rm 1:30 Bingo - CR 3:00 Biography: Elvis Presley "A Life From Beginning To End" - CR 6:30 Game: Tripoley</p>	<p>10:00 Chair Yoga with Alex - Comm Rm 11:00 Meadows Resident Meeting - CR 1:30 Blackjack with Michelle - Laurels 3:00 Political Guest Speaker: John Feffer - Community Room 4:00 Thirsty Thursday - MR 6:30 Game: 5 Crown</p>	<p>10:15 Exercise with Julie/Care One - CR 11:00 VC Resident Meeting - Cafe 2:00 Drum Circle with Tara - Comm Rm 3:30 Grocery Shopping: Walmart & Big Y-signup 6:30 Game: Rummikub</p>	<p>9:00 Memory Caregivers Group - Laurels Bsmnt. 10:00 Bingo - CR 10:30 Memory Changes Support Group - Laurels 2:00 Entertainment: Little Wild Bouquet Band (1st time @ RR) - CR 3:30 Tech Help - CR</p>
<p>10:00 Stretching w/ Sara - Comm Rm 10:00 Pokeno - CR 1:15 Mindful Meditation Steph- Multi Purpose 2:00 Church Service w/ Pastor Floyd - CR 2:00 Screening: Space Time Odyssey, E9 - CR</p>	<p>10:00 Weights for Lightweights Danny 11:00 Multi Purpose Room Renovation Committee Meets - MR 1:30 Bingo - CR 3:30 Mini Series: Olive Kitteridge, Ep 2- CR 6:30 Game: Qwirkle</p>	<p>10 Exercise/Kathleen 12:15 Outing: Yiddish Book Center Tour /\$12.00/ Starts 1:00, 45 min long - sign up 1:30 Fitness Room Committee Meets - Gym 3:00 Ice Cream Sundaes with Danny - MR 4:00 TV Help w/Danny Call extension 267</p>	<p>10:00 Tai Chi with Alex Community Room 11:00 Walking Group - Meet @ Reception 1:30 Bingo - CR 3:00 Documentary: Mozart - Comm Rm 4:00 Wine Down - MR 6:30 Game: Tripoley</p>	<p>10:00 Chair Yoga with Alex - Comm Rm 11:00 Health Talk with Kristie/Care Tenders-CR 1:30 Blackjack - Laurels Basement 2:00 Hand Massages w/Kathleen - sign up 6:30 Game: 5 Crown</p>	<p>10:15 Exercise with Julie/Care One - CR 11:00 Scrabble - Laurels Library 2:00 Classical Piano with John Yannis - CR 3:00 Documentary: Will & Harper - CR 6:30 Game: Rummikub</p>	<p>10:00 Bingo - CR 2:00 Entertainment: Etienne Perley - CR 3:30 Fun with Acrylic Paint Markers with Sara - Community Room</p>
<p>10:00 Joyful Movement with Madelyn - CR 11:00 Documentary: Wild Babies, E 2 - CR 1:15 Mindful Meditation w/Steph - Multi Purpose 2:00 Church Service- CR 3:00 Screening: "Our Planet" S2 E1 - CR</p>	<p>10:00 Weights for Lightweights Danny 11:00 Documentary: Jackie, A Tale of Two Sisters - Comm Room 1:30 Bingo - CR 3:00 Mini Series: Olive Kitteridge Ep 3 - CR 6:30 Game: Qwirkle</p>	<p>10:00 Chair Yoga with Alex - Community Rm 11:00 Rockridge Round Up - Community Room 1:00 Scrabble - Laurels Library, 3rd Floor 2:00 Drawing for Everyone with Hannah Workshop #2 - CR</p>	<p>10:00 Tai Chi with Alex - Comm Room 1:30 Bingo - CR Community Room 3:00 Line Dancing with Jenn Jones - CR 6:30 Game: Tripoley</p>	<p>10:00 Singing Bowls with Jodi - CR 11:00 Documentary: National Geographical - Animal Genius - CR 1:30 Blackjack with Michelle - Laurels 3:00 Yahtzee - CK 6:30 Game: 5 Crown</p>	<p>10:15 Exercise with Julie/Care One - CR 1:30 Biopic: "Bound For Glory" stars David Carradine - Comm Rm 3:00 Root Beer Floats w/Danny - MR 3:30 Grocery Shopping: Walmart & Big Y - sign 6:30 Game: Rummikub</p>	<p>10:00 Bingo Bash \$20 Cover Prize- CR 2:00 Entertainment: Combo Compact - CR 3:30 Fun with Water Colors with Sara - Community Ro</p>
<p>10:00 Stretching w/ Sara - Comm Rm 10:00 Pokeno - CR 1:15 Mindful Meditation Steph- Multi Purpose 2:00 Church Service w/ Pastor Floyd - CR 3:00 True Crime: The Laundromat - CR</p>	<p>10:00 Weights / Danny 1:30 Bingo - CR 2:00 Brownie Sundaes w/Danny - MR 3:00 Miniseries: Olive Kitteridge Ep 4 -CR 3:30 Go Green Committee Multi-Purpose Room 6:30 Game: Qwirkle</p>	<p>10:00 Chair Yoga with Alex - Comm Rm 1:00 Scrabble - Laurels Library, 3rd Floor 2:00 Guest Speaker: Patti Steinman talks about Crows - CR 3:00 Walking Group - Meet @ Reception</p>	<p>10:00 Tai Chi with Alex - Comm Room 1:30 Bingo - CR 1:30 Movie: "Dances with Wolves" starring Kevin Costner - CR 2:45 Memorabilia with Resident Pat B. - CR 6:30 Game: Tripoley</p>	<p>10:00 Weights for Lightweights w/Danny 11:00 Documentary: America Wild National Park Adventure - CR 1:30 Blackjack- Laurels 6:30 Game: 5 Crown</p>	<p>10:15 Exercise w/Julie Care One - CR 11:00 Scrabble - Laurels Library, 3rd Floor 1:30 Documentary: Michael J Fox's "Still"-CR 3:00 Brownie Sundaes w/Danny - MR 6:30 Game: Rummikub</p>	