

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Laurel, Meadows, Violette's Crossing

Hair Salon Open 1 10:00 Bingo - CR 2:00 Entertainment: Stephen Kurtz Band- Community Room 3:30 Drawing with Colored Pencils with Sara - Comm Room						
10:00 Exercise with 2 Peter (new) - Comm Rm 11:00 Doc: Wild Babies, Ep 3 - CR 1:15 Mindful Meditation Steph- Multi Purpose 2:00 Movie: Shining Through, Starring Michael Douglas - CR	10:00 Tai Chi with 3 Alex- Comm Room 1:30 Bingo - CR 3:00 Classical Piano with John Yannis - CR 6:00 Sing A Long - Parlor, All Welcome! 6:30 Game: Qwirkle	10:00 Weights for 4 Lightweights w/Danny- CR 11:00 Rockridge Roundup - All Are Welcome - CR 1:15 Multi Purpose Room Advisory Board w/Leah- MR 2:00 Root Beer Floats w/ Danny - Country Kitchen 3:30 Series: Yellowstone, S1, Ep 1 - CR	10:30 JFK School Band 5 Performs - Comm Rm 11:00 JFK Resident Student & Resident Mingle Community Room 1:30 Bingo - CR 3:00 Tai Chi with Alex- Community Room 3:30 Outing: Texas Roadhouse - sign up 6:30 Game: Tripoley	10:00 Weights w/Danny 6 1:30 Speaker: Forbes Library "Outreach Program" Community Room 2:00 Blackjack - Laurels 2:00 Ice Cream Sundaes Country Kitchen 3:30 Series: Yellowstone S1 E2 - Comm Room 6:30 Game: 5 Crown	FootCare Nurse 7 10:15 Exercise with Julie/Care One - CR 11:00 Scrabble - Library 2:00 Drum Circle with Tara- Community Room 3:30 Grocery Shopping Walmart & Big Y - sign up 6:30 Game: Rummikub	9:00 Memory Caregivers 8 Group - Laurels Bsmnt. 10:00 Bingo - CR 10:30 Memory Changes Support Group - Laurels 2:00 Entertainment: Bill Shontz - Comm Rm 3:30 Tech Help with Sara - Comm Room
10:00 Joyful Movement 9 with Madelyn - CR 11:00 Pokeno - CR 1:15 Mindful Meditation w/Steph - Multi Purpose 2:00 Church Service with Pastor Floyd - CR 3:00 Screening: Space Time Odyssey, E11-CR	10:00 Tai Chi with 10 Alex- Comm Room 1:30 Bingo - CR 2:00 Book Group Meets: "James" - Laurels Library 6:00 Sing A Long - Parlor, All Welcome! 6:30 Game: Qwirkle	10:00 Weights Danny 11 10:45 Valentine Card Craft w/Danny - CR 1:30 Fitness Room Committee Meets - Gym 2:00 Drawing with Hannah - Community Room 3:00 Jungle Floats - CK 4:00 Series: Yellowstone S1 Ep 3 - Comm Rm	10:00 Tai Chi with 12 Alex- Comm Room 11:00 Laurels Resident Meeting - Comm Rm 1:30 Bingo - CR 3:00 Black History Month Documentary: John Lewis, Good Trouble - Comm Rm 6:30 Game: Tripoley	10:00 Weights/Danny 13 11:00 Meadows Resident Meeting - Comm Rm 1:00 New Resident Orientation - Comm Rm 2:00 Blackjack - Laurels 2:00 Banana Splits - CK 3:00 Guest Speaker: John Feffer - Comm Rm 6:30 Game: Tripoley	10:15 Chair Yoga with 14 Alex - Comm Room 11:00 VC Resident Meeting 11:00 Classical Piano with John Yannis - CR 12:00 Valentines Day Couples Lunch 3:00 Love Songs with Lauren - Comm Room 6:30 Game: Rummikub	Hair Salon Open 15 10:00 Bingo - CR 2:00 Entertainment - Laura Hicks - CR 3:30 Collage Craft with Sara - CR
10:00 Exercise with 16 Peter (new) - Comm Rm 11:00 Documentary: Wild Babies, Ep 4 - CR 1:15 Mindful Meditation Steph- Multi Purpose 2:00 Church Service-CR 3:00 Documentary: Our Planet, S2, E3 - CR	10:00 Tai Chi with Alex 17 1:30 Bingo - CR 3:00 Catholic Mass with Father Sokul - CR 3:00 Documentary: JFK, Years of Lightening, Day of Drums - Laurels Basement 6:00 Sing A Long - Parlor, All Are Welcome! 6:30 Game: Qwirkle	10:00 Weights for 18 Lightweights Danny - CR 11:00 Rockridge Roundup - All Are Welcome - CR 1:15 Multi Purpose Room Advisory Board w/Leah- MR 2:00 Coffee Floats - CK 3:30 Series: Yellowstone S1, E 4 - Comm Room	10:00 Tai Chi with Alex 19 11:00 Activities Committee Meet w/March Ideas - CR 1:00 Bingo - CR 2:00 Meadows Food Committee Meet (new)-D/R 2:30 Black History Month Documentary: Just Mercy - CR 6:30 Game: Tripoley	10:00 Weights w/Danny 20 11:00 Walking Group - Meet @ Concierge 2:00 Blackjack - Laurels 2:00 Brownie Sundaes - Country Kitchen 3:30 Series: Yellowstone S1, E 5 - Comm Room 6:30 Game: Tripoley	10:15 Exercise with Julie 21 with Care One Rehab - CR 2:00 Play: The Wedding Jester with John Feffer- CR 3:45 Grocery Shopping Walmart & Big Y - sign up 6:30 Game: Rummikub	10:00 Bingo - CR 22 11:00 Memorabilia 2:00 Entertainment: Agawam Melody Band - Comm Room 3:30 Poetry Writing & Discussion with Sara - Comm Room
10:00 Joyful Movement 23 with Madelyn - CR 11:00 Pokeno - CR 1:15 Mindful Meditation w/Steph - Multi Purpose 1:30 Daisy Girl Scout Troup Sing A Long - CR 3:00 Movie: Still Alice Community Room	10:00 Guest Speaker: 24 NoHo Mayor Sciarra - CR 11: Weights/Danny - CR 1:30 Bingo - CR 3:00 Line Dance Instruction with Jenn Jones - CR 4:00 Go Green Meet - MR 6:00 Sing A Long - Parlor, All Are Welcome! 6:30 Game: Qwirkle	10:00 Gentle Stretch 25 Kathleen - Laurels Bsmnt 10:00 Outing: Springfield Museums - sign up 11:00 Walking Group 1:30 Hand Massages w/Kathleen - MR- sign up 2:00 Drawing with Hannah - Laurels Basement 3:30 Tea & Cookies - MR	10:00 Tai Chi with Alex 26 1:00 Bingo - CR 2:00 Laurels Food Committee Meet (new)-D/R 2:30 Black History Month Movie: Hidden Figures - CR 3:00 Who Sang It? - MR 4:00 Wine Down - MR 6:30 Game: Tripoley	10:00 Exercise with 27 Lynne - Comm Room 11:00 Guest Speaker: Kristie from Care Tenders: "Heart Health" - CR 2:00 Blackjack - Laurels 2:00 Walking Group with Kathleen - Concierge 3:00 Circle of Life - MR 6:30 Game: Tripoley	10:15 Exercise with Julie 28 from Care One Rehab - CR 11:00 Scrabble - Library 2:00 Movie: "You're Cordially Invited", Comedy starring Will Farrell - Comm Room 6:30 Game: Rummikub	