

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025 Gardens

						<p>10:00 Exercise <b>1</b></p> <p>10:45 Hydration</p> <p>11:00 Arts &amp; Crafts</p> <p><b>2:00 Music with Lenny</b></p> <p>3:00 Snack Chat</p> <p>3:30 February IQ</p> <p>4:00 February Poem</p> <p>4:30 Stretching</p> <p>6:00 Movie</p>
<p>10:00 Exercise <b>2</b></p> <p>10:45 Hydration</p> <p>11:00 Who Am I?</p> <p>2:00 Bingo!</p> <p>3:00 Snack Chat</p> <p>3:30 Biography: Gene Kelly</p> <p>4:00 Poetry Reading</p> <p>4:30 Walking Group</p>	<p><b>10:00 Berkshire Hills Music</b> <b>3</b></p> <p><b>10:30 Reborns with Reasons w/Jaime Beebe</b></p> <p>11:00 Hydration</p> <p>2:00 Women's Group</p> <p>2:00 Men's Group</p> <p>3:00 Snack Chat</p> <p>3:30 Arts &amp; Crafts</p> <p>3:30 Exercise</p> <p>4:30 Walking</p>	<p><b>10:00 Alice &amp; Domina</b> <b>4</b></p> <p>10:00 Exercise</p> <p>10:45 Hydration</p> <p>11:00 Picture This</p> <p>3:00 Banana Strawberry Smoothies</p> <p><b>3:30 Music w/Freddie</b></p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p><b>10:00 Marty Visits</b> <b>5</b></p> <p>10:00 Cornhole</p> <p>11:00 Math Class In Session</p> <p><b>2:00 Music with Lauren</b></p> <p>3:00 Snack Chat</p> <p>3:30 Bio: Hank Aaron</p> <p>4:30 Readers Digest Riddles</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>6</b></p> <p>10:45 Hydration</p> <p>11:00 Arts &amp; Crafts</p> <p>2:00 Valentine Cards</p> <p>3:00 Snack Chat</p> <p>3:30 Massachusetts Day</p> <p>4:00 Sing-A-Long</p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p><b>FootCare Nurse</b> <b>7</b></p> <p>10:00 Exercise</p> <p>10:45 Hydration</p> <p>11:00 Baking</p> <p>2:00 Bingo!</p> <p>3:00 Snack Chat</p> <p><b>3:30 Sing A Long Sara</b></p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>8</b></p> <p>10:45 Hydration</p> <p>11:00 Arts &amp; Crafts</p> <p><b>2:00 Music with Lenny</b></p> <p>3:00 Snack Chat</p> <p>3:30 Famous Boy Scouts</p> <p>4:0 Bio:John Williams</p> <p>4:30 Stretching</p>
<p>10:00 Exercise <b>9</b></p> <p>10:45 Hydration</p> <p>11:00 Super Bowl Bingo</p> <p>2:00 Super Bowl Trivia</p> <p>3:00 Snack Chat</p> <p>3:30 Documentary: The Game of Their Lives</p> <p>4:0 Football Word Match</p> <p>4:30 Walking Group</p>	<p><b>10:00 Berkshire Hills Music perform</b> <b>10</b></p> <p>10:45 Hydration</p> <p>11:00 Exercise</p> <p>2:00 Women's Group</p> <p>2:00 Men's Group</p> <p>3:00 Snack Chat</p> <p>3:30 Arts &amp; Crafts</p> <p>3:30 Word Games</p> <p>4:30 Stretching</p>	<p><b>Pat M's Birthday!</b> <b>11</b></p> <p><b>10:00 Alice &amp; Domina</b></p> <p>10:00 Exercise</p> <p>10:45 Hydration</p> <p>11:00 Baking: Bday Cake</p> <p><b>2:00 Music w/David Soltz</b></p> <p>3:00 Peanut Butter Smoothies</p> <p>4:00 Smith's History</p> <p>4:30 Walking Group</p>	<p><b>10:00 Marty Visits</b> <b>12</b></p> <p>10:00 Cornhole</p> <p>11:00 Science Class In Session</p> <p><b>2:00 Music with Lauren</b></p> <p>3:00 Snack Chat</p> <p>3:30 Pres Lincoln Quotes</p> <p>4:00 Documentary: Charles Darwin</p>	<p>10:00 Exercise <b>13</b></p> <p>10:45 Hydration</p> <p>11:00 Arts &amp; Crafts</p> <p>2: Memories w/Pictures</p> <p>3:00 Snack Chat</p> <p>3:30 Valentine Chain</p> <p>4:00 Sing-A-Long</p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>14</b></p> <p>10:45 Hydration</p> <p>11:00 Love Songs</p> <p>2:00 Love Story</p> <p>3:00 Snack Chat</p> <p><b>3:30 Sing A Long Sara</b></p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>15</b></p> <p>10:45 Hydration</p> <p>11:00 Word Games</p> <p><b>2:00 Music with Lenny</b></p> <p>3:00 Snack Chat</p> <p>3:30 Knot Tying Contest</p> <p>4:00 Who Am I?</p> <p>4:30 Stretching</p> <p>6:00 Movie</p>
<p>10:00 Exercise <b>16</b></p> <p>10:45 Hydration</p> <p>11:00 Nascar Facts</p> <p>2:00 Bingo!</p> <p>3:00 Snack Chat</p> <p>3:30 History of Car Racing</p> <p>4:00 Read A Loud</p>	<p>10:00 Exercise <b>17</b></p> <p>10:45 Hydration</p> <p>11:00 Hummingbirds</p> <p>2:00 Women's Group</p> <p>2:00 Men's Group</p> <p>3:00 Snack Chat</p> <p>3:30 Arts &amp; Crafts</p> <p>3:3 History of Presidents</p> <p>4:30 Stretching</p>	<p><b>10:00 Alice &amp; Domina</b> <b>18</b></p> <p>10:00 Exercise</p> <p>10:45 Hydration</p> <p>11:00 Doc: Tour of Buckingham Palace</p> <p><b>2:00 Music w/Freddie</b></p> <p>3:00 English Tea Time!</p> <p>4:00 Funny Sayings</p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p><b>10:00 Marty Visits</b> <b>19</b></p> <p>10:00 Cornhole</p> <p>11:00 History Class In Session</p> <p><b>2:00 Music with Lauren</b></p> <p>3:00 Snack Chat</p> <p>3:30 Go-Pro Skiing</p> <p>4:00 East Asian American Traditions</p> <p>6:00 Movie</p>	<p><b>Fran's Birthday!</b> <b>20</b></p> <p>10:00 Exercise</p> <p>10:45 Hydration</p> <p>11:00 Baking: Bday Cake</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Snack Chat</p> <p>3:30 Sing-A-Long</p> <p>4:00 Famous February Birthdays</p> <p>4:30 Walking Group</p>	<p>10:00 Exercise <b>21</b></p> <p>10:45 Hydration</p> <p>11:00 Poetry</p> <p>2:00 First Lady Facts</p> <p>3:00 Snack Chat</p> <p><b>3:30 Sing A Long Sara</b></p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>22</b></p> <p>10:45 Hydration</p> <p>11:00 Baking: Grape Nut Pudding</p> <p><b>2:00 Music with Lenny</b></p> <p>3:00 Snack Chat</p> <p>3:30 Classic Sayings &amp; Their Origins</p> <p>4:30 Stretching</p>
<p>10:00 Exercise <b>23</b></p> <p>10:45 Hydration</p> <p>11:00 Black History Month: Who Am I?</p> <p>2:00 50 Best Hollywood Songs</p> <p>3:00 Snack Chat</p> <p>3:30 Biography: Humphrey Bogart</p> <p>4:30 Walking Group</p>	<p><b>10:00 Berkshire Hills Music perform</b> <b>24</b></p> <p>10:45 Hydration</p> <p>11:00 Exercise</p> <p>2:00 Women's Group</p> <p>2:00 Men's Group</p> <p>3:00 Snack Chat</p> <p>3:30 60's Dance Party</p> <p>4:30 Stretching</p>	<p><b>10:00 Alice &amp; Domina</b> <b>25</b></p> <p>10:00 Exercise</p> <p>10:45 Hydration</p> <p><b>11:00 Music w/Freddie</b></p> <p>3:00 Frozen Blueberry &amp; Spinach Smoothies</p> <p>4:00 Lets Make Music</p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p><b>10:00 Marty Visits</b> <b>26</b></p> <p>10:00 Cornhole</p> <p>11:00 History Class In Session</p> <p><b>2:00 Music with Lauren</b></p> <p>3:00 Snack Chat</p> <p>3:30 Go-Pro Skiing</p> <p>4:00 East Asian American Traditions</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>27</b></p> <p>10:45 Hydration</p> <p>11:00 Gumbdrop Bingo</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Snack Chat</p> <p>3:30 Sing-A-Long</p> <p>4:00 Polar Bear Facts</p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	<p>10:00 Exercise <b>28</b></p> <p>10:45 Hydration</p> <p>11:00 A - Z Words</p> <p>2:00 Bio: John Lennon</p> <p>3:00 Snack Chat</p> <p><b>3:30 Sing A Long Sara</b></p> <p>4:30 Walking Group</p> <p>6:00 Movie</p>	