

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Check out our Rockridge App. and In-House TV Channel 918.</b>		<b>9:45 Smith Voc Students Visit: Penny Ante - CR</b> <b>11:00 Rockridge Round Up All Are Welcome - CR</b> <b>2:00 Comedian John Perrotta (Rated PG to R) CR</b> <b>3:30 Stretch &amp; Breathe Kathleen - Comm Rm</b> <b>6:00 Rose Studio Violin Students Perform - CR</b>	<b>10:00 Tai Chi with Alex- Comm Room</b> <b>10:30 Outing: Big Y &amp; Walmart - sign up</b> <b>1:30 Bingo - CR</b> <b>3:00 Documentary: Burt Bacharach - CR</b> <b>4:00 Port in the Parlor Multi Purpose Room</b> <b>6:30 Game: Tripoley</b>	<b>10:00 Exercise with Kathleen - Comm Rm</b> <b>11:00 Morning Mimosas with Kathleen - MR</b> <b>1:30 Outing: Mount Holyoke College Art Museum - sign up</b> <b>6:00 Movie - Laurels B.</b> <b>6:30 Game: Five Crown</b>	<b>FootCare Nurse</b> <b>10:15 Exercise w/Julie Care One Rehab - CR</b> <b>11:00 Walking Group with Kathleen - Meet @ Reception</b> <b>2:00 Drum Circle with Tara Community Room</b> <b>3:30 Ice Tea Social - MR</b> <b>6:30 Game: Rummikub</b>	<b>10:00 Bingo - CR</b> <b>2:00 Entertainment: Steve &amp; Tom - CR</b> <b>3:30 Fun with Acrylic Paint Markers with Sara - Comm Rm</b> <b>6:00 Movie - Laurels Basement</b>
<b>10:00 Tai Chi with Alex- Community Room</b> <b>11:00 Documentary: Wild Babies, Ep 8 - Community Room</b> <b>2:00 Screening: Erin Brokovich Starring Julia Roberts - Community Room</b>	<b>10:00 Chair Yoga with Alex - Community Room</b> <b>1:30 Bingo - CR</b> <b>3:00 Vanilla Milkshakes - Country Kitchen</b> <b>3:30 Catholic Mass - CR</b> <b>6:00 Resident Sing A Long - Parlor</b> <b>6:30 Game: Qwirkle</b>	<b>10:00 Stretch &amp; Breathe with Kathleen - CR</b> <b>11:00 Zinnia TV Testing - Watch a short program &amp; give your feedback - CR</b> <b>11:30 Lunch @ Golden Corral / Springfield - signup</b> <b>3:00 Lemonade &amp; Cookie Social with Kathleen - Multi Purpose Room</b>	<b>10:00 Exercise with Alex- Comm Room</b> <b>11:00 Laurels Resident Meeting - CR</b> <b>1:30 Bingo - CR</b> <b>3:30 Quarterly Birthday Party / All Are Welcome Community Room</b> <b>6:00 Movie - Laurels B</b> <b>6:30 Game: Tripoley</b>	<b>10:00 Exercise Kathleen</b> <b>11:00 Meadows Resident Meeting - CR</b> <b>1:30 Blackjack - Laurels</b> <b>2:00 Country Ride signup</b> <b>3:00 Guest Speaker: John Feffer - Comm Room</b> <b>3:30 Baking: Charoset, A Passover Favorite - CK</b> <b>6:30 Game: Five Crown</b>	<b>10:15 Exercise w/Julie Care One Rehab - CR</b> <b>11:00 VC Resident Meeting Cafe</b> <b>1:30 New Resident Orientation - CR</b> <b>2:00 Movie: 2023 "A Good Person" Starring Morgan Freeman - CR</b> <b>6:30 Game: Rummikub</b>	<b>9:00 Memory Caregivers Group - Laurels Bsmt</b> <b>10:00 Bingo - CR</b> <b>10:30 Memory Changes Support Group - Laurels B.</b> <b>2:00 Entertainment: A Ray of Elvis, Impersonator - CR</b> <b>3:30 Iced Coffee Social with Valerie - MR</b> <b>6:00 Movie - Laurels B.</b>
<b>10:00 Exercise with Peter - Community Rm</b> <b>11:00 Pokeno - CR</b> <b>2:00 Sunday Church Service with Pastor Floyd - Community Rm</b> <b>3:00 Screening: Our Universe, Episodes 3 &amp; 4 - Community Rm</b>	<b>10:00 Chair Yoga with Alex - Comm Rm</b> <b>1:30 Bingo - CR</b> <b>2:00 Outing: Salvation Army - sign up</b> <b>2:00 Book Group: "Erasure" - Library</b> <b>6:00 Resident Sing A Long - Parlor</b> <b>6:30 Game: Qwirkle</b>	<b>9:45 Smith Voc Students Visit: Stress Relief - CR</b> <b>11:00 Rockridge Round Up All Are Welcome - CR</b> <b>2:00 Card Game: Acey Duecy - Country Kitchen</b> <b>3:00 Coffee Ice Cream Social - Country Kitchen</b> <b>6:00 Movie - Laurels Basement</b>	<b>10:00 Exercise with Alex- Comm Room</b> <b>10:30 Outing: Big Y &amp; Walmart - sign up</b> <b>1:30 Bingo - CR</b> <b>3:00 Music Trivia - MR</b> <b>4:00 Sip on Sake with Kathleen - MR</b> <b>6:30 Game: Tripoley</b>	<b>10:00 Exercise with Kathleen - Comm Rm</b> <b>11:45 Outing: Lunch Cantina Restaurant-sign up</b> <b>1:30 Blackjack - Laurels</b> <b>3:00 Exhibition on Screen: Klimt &amp; The Kiss Community Room</b> <b>6:30 Game: Five Crown</b>	<b>10:15 Exercise w/Julie Care One Rehab - CR</b> <b>2:00 Movie: "It's Complicated" Starring Meryl Streep - Community Room</b> <b>6:00 Movie - Laurels Basement</b> <b>6:30 Game: Rummikub</b>	<b>10:00 Bingo - CR</b> <b>2:00 Entertainment: Combo Compact Duo - Community Room</b> <b>3:30 Tech Help with Sara - Comm Rm</b> <b>6:00 Movie - Laurels Basement</b>
<b>10:00 Exercise with Peter - Comm Room</b> <b>11:00 Documentary: Hidden Lives of Pets- CR</b> <b>2:00 Easter Church Service Pastor Floyd-CR</b> <b>3:00 Screening: The Secret World of Sound, Ep 1 &amp; 2 - Comm Rm</b>	<b>10:00 Chair Yoga with Alex - Community Room</b> <b>1:30 Bingo - CR</b> <b>2:45 Blackjack Instruction Class with Pat B - Community Rm</b> <b>6:00 Resident Sing A Long - Parlor</b> <b>6:30 Game: Qwirkle</b>	<b>10:00 Stretch &amp; Breathe with Kathleen - CR</b> <b>11:00 Zinnia TV Testing - Watch a short program &amp; give your feedback - CR</b> <b>2:00 Earth Day Documentary - CR</b> <b>3:30 Lemonade &amp; Cookie Social - CR</b>	<b>10:00 Exercise with Alex- Comm Room</b> <b>1:30 Bingo - CR</b> <b>3:00 Documentary: The Lady in Number 6 Alice Herz - Comm Room</b> <b>3:00 Devine Mercy Prayer Group - Laurels B</b> <b>4:00 Happy Hour - MR</b> <b>6:30 Game: Tripoley</b>	<b>10:00 Exercise with Kathleen - Comm Rm</b> <b>11:00 Walking Group - Meet @ Concierge</b> <b>1:30 Blackjack - Laurels</b> <b>2:00 Classical Piano with John Yannis - CR</b> <b>3:00 Guest Speaker: John Feffer - Comm Room</b> <b>6:30 Game: Five Crown</b>	<b>9:30 Guest Speaker: Congressman McGovern- Community Room</b> <b>11:30 Lunch Outing: Soup Noodle Bowl, NoHo- signup</b> <b>2:00 Guest Speaker: Professor Carol Owens Topic: Jane Adams - CR</b> <b>6:00 Movie - Laurels B.</b> <b>6:30 Game: Rummikub</b>	<b>10:00 Bingo - CR</b> <b>2:00 Entertainment: Derek Bridges: Classic Guitar and Piano - Community Room</b> <b>3:30 Fun with Water Colors with Sara - Community Room</b> <b>6:00 Movie - Laurels B</b>
<b>10:00 Exercise with Peter - Community Rm</b> <b>11:00 Pokeno - CR</b> <b>2:00 Sunday Church Service with Pastor Floyd - Community Rm</b> <b>3:00 Screening: Still Alice Starring Julianne Moore - Comm Room</b>	<b>10:00 Chair Yoga Alex</b> <b>12:3 Music Monday-signup</b> <b>1:30 Bingo - CR</b> <b>2:45 Memorabilia with Pat B - Comm Room</b> <b>4:00 Go Green Group Meets All Are Welcome - MR</b> <b>6:00 Resident Sing A Long - Parlor</b> <b>6:30 Game: Qwirkle</b>	<b>10:00 Stretch &amp; Breathe with Kathleen - CR</b> <b>11:00 Rockridge Round Up All Are Welcome - CR</b> <b>2:00 Music with Caravan Chorus - Comm Room</b> <b>3:30 Circle of Life with Kathleen - MR</b> <b>6:00 Movie - Laurels B</b>	<b>10:00 Exercise with Alex - Comm Room</b> <b>10:30 Outing: Big Y &amp; Walmart - sign up</b> <b>1:30 Bingo - CR</b> <b>3:00 Music Memories - Multi Purpose Room</b> <b>4:00 Wine Down Wednesday - MR</b> <b>6:30 Game: Tripoley</b>	<b>April 2025</b>  <b>Laurels, Meadows and Violette's Crossing</b>		