Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2025 Laurels, Meadows, VC				10:00 - Zinnia Exercise 1 with Kathleen - CR 11:00 Walking Group - Meet @ Reception 1:00 Blackjack - Laurels 2:00 Baking Peach Cobbler with Resident Rose - CK 3:00 Exhibition on Screen - Van Gogh - CR 6:30 Game: Five Crow	FootCare Nurse 2 10:15 Exercise w/Julie Care One Rehab - CR 10:30 Hand Massages - 2:00 Drum Circle with Tara - Comm Room 3:30 Chair Yoga with Alex - Community Room 6:30 Game: Rummikub	10:00 Bingo - 3 Community Room 2:00 Entertainment: Etienne Perley - CR 3:30 Collage Craft with Sara - Comm Rm 6:00 Movie - Laurels Basement
10:00 Exercise with 4 Peter - Community Rm 11:00 Documentary: The Only Girl in the Orchestra Community Room 2:00 Movie: "Awakenings" starring Robin Williams - Community Room	10:00 Chair Yoga with 5 Alex - Comm Room 1:30 Bingo - CR 3:30 Cinco De Mayo Music & Margaritas - Community Room 6:00 Resident Sing A Long - Parlor 6:30 Game: Qwirkle	10:00 Smith Voc. Students: Trivia - CR 11:00 Walking Group - Meet @ Concierge 1:30 Drag Show with Bleach! Come in your best DRAG - Comm Rm 3:30 Stretch & Breathe Kathleen - Comm Room	10:00 Tai Chi Alex - CR 11:00 Laurels Resident7Meeting - Comm Rm 1:30 Bingo - CR 3:00 Music Memories Kathleen -MR 4:00 Wine Down Wednesday - MR 6:00 Artist Reception - CR 6:30 Game: Tripoley7	10:00 - Exercise with Weights w/Kathleen - CR 11:00 Meadows Resident Meeting - Comm Rm 1:00 Blackjack - Laurels B. 2: Hand Massages - sign up 3:00 Guest Speaker: John Feffer - Community Room 4:00 Ice Tea & Cookie Social - Multi Purpose Rm 6:30 Game: Five Crown	10:15 Exercise w/Julie Care One Rehab - CR 11:00 VC Resident Meeting Cafe 1:00 Movie: A Good Person starring Morgan Freeman - Comm Room 3:30 Chair Yoga with Alex - Community Room 6:30 Game: Rummikub	10:00 Bingo - 10 Community Room 2:00 Entertainment: Steve Kurtz Band - CR 3:30 Piano Recital with Noah- Comm Rm 6:00 Movie - Laurels Basement
10:00 Exercise with 11 Peter - Community Rm 11:00 Pokeno - CR 2:00 Sunday Church Service with Pastor Floyd - Community Rm 3:00 Documentary: Life In Color with David Attenborough - CR	10:00 Chair Yoga with Alex - Comm Room 1:30 Bingo - CR 2:00 Book Group: "North Woods" - Laurels Library 3:00 Coffee Milkshakes Social - Country Kitchen 6:00 Resident Sing A Long - Parlor 6:30 Game: Qwirkle	10:00 Stretch & Breathe3 with Kathleen - CR 11:00 Rockridge Round Up Community Room 1:30 Country Ride - si 3:00 Catholic Mass with Father Pease - CR 7:00 Pioneer Valley Symphony Orchestra Perform - Comm Room	10:00 Tai Chi with Alex - Comm Room 10:30 Outing: Big Y & Walmart - sign up 1:30 Bingo - CR 2:30 Laurels Food Comm Mtg - Al Dining Room 3:00 Name That Tune - MR 4:00 Wine Down - MR 6:30 Game: Tripoley	10:00 - Exercise with 15 Weights w/Kathleen - CR 5 11:00 Classical Piano with John Yannis - CR 1:00 Blackjack - Laurels B. 2:00 Outing: Ice Cream @ Sheldon's, S.Hampton - sign up 4:00 Cookies & Lemonade Social - Multi Purpose Rm 6:30 Game: Five Crown	10:15 Exercise w/Julie 6 Care One Rehab - CR 11:30 Lunch Outing: Fish Tales - sign up 2:00 New Resident Orientation - CR 3:30 Chair Yoga with Alex - Community Room 6:30 Game: Rummikub	9:00 Memory Caregivers 7 Group - Laurels Bsmt 10:00 Bingo - CR 10:30 Memory Changes Support Group - Laurels B. 2:00 Entertainment: Brianna Green - CR 3:30 Creative Coloring and Conversation - CR 6:00 Movie - Laurels B.
10:00 Exercise with Peter 8 Community Room 11:00 Documentary: The Hidden Lives of Pets, Ep 2 & 3- Community Room 2:00 Sunday Church Service with Pastor Floyd - Community Rm 4:00 Valley Jazz Voices Perform - CR	10:00 Chair Yoga with Alex - Comm Room 1:30 Bingo - Comm Rm 3:00 Vanilla Milkshakes - Country Kitchen 3:30 Music with Jimmy Mazz - Comm Room 6:00 Resident Sing A Long - Parlor 6:30 Game: Qwirkle	20 10:00 Stretch & Breath with Kathleen - CR 11:00 Outing: Walk to Laurel Park for Sing A Long - Meet @ Concierge 1:30 Outing: Ocean State Job Lot, Holyoke - sign up 4:00 Ice Tea & Cookie Social - Multi Purpose	!;00 Meadows Food Comm Mtg _ Meadows Dining RM 2:00 Smith Campus School Chorus Perform - CR 3:00 Blackjack Class with Pat B - Parlor 4:00 Wine Down - MR 6:30 Game: Tripoley	10:00 - Exercise with 22 Weights w/Kathleen - CR 11:00 Walking Group - Meet @ Concierge 1:00 Blackjack - Laurels 2:00 Outing Ice Cream @ Cooks Farm Hadley 4:00 Painting with Natasha Meadows Basement 6:30 Game: Five Crown	10:15 Exercise w/Julie 3 Care One Rehab - CR 11:00 Piano Recital with Noah - Community Rm 1:00 Movie: Key Largo starring Bogart - CR 3:30 Chair Yoga with Alex - Community Room 6:30 Game: Rummikub	10:00 Bingo - Community Room 2:00 Entertainment: Agawam Melody Band - Community Room 3:30 Experiment with Oil Pastels- Comm Rm 6:00 Movie - Laurels Basement
10:00 Exercise with Sara - Comm Room 11:00 Pokeno - CR 2:00 Sunday Church Service with Pastor Floyd - Comm Room 3:00 Documentary: Our Universe, Ep 5 & 6 Community Room	10:00 Chair Yoga Alex 26 12:00 Memorial Day BBC 1:30 Bingo - Comm Rm 3:30 Music and Media w/Doug Schmolze - CR 4:00 Go Green Group Meets All Are Welcome - MR 6:00 Resident Sing A Long - Parlor 6:30 Game: Qwirkle	10:00 Stretch & Breat 2 with Kathleen CR 11:00 Rockridge Round Up Community Room 2:00 Country Ride - sign up 3:30 Strawberry Milkshakes - CK 3:30 Circle of Life with Kathleen - MR	10:00 Tai Chi / Alex - CR 10:30 Outing: Big Y & Walmart - sign up 1:30 Drag Bingo with Bleach! - CR 2:45 Memorabilia with Pat B Comm Room 4:00 Wine Down - MR 6:30 Game: Tripoley	10:00 - Exercise with 29 Weights w/Kathleen - CR 11:00 Walking Group - Meet @ Reception 1:00 Blackjack - Laurels B. 2:15 Outing: Ice Cream @ Village Green - sign up 3:00 Guest Speaker: John Feffer - Community Room 6:30 Game: Five Crown	10:15 Exercise w/ Julie Care One Rehab - CR 11:00 Card Game: Acey Duecy - Country Kitchen 3:30 Chair Yoga with Alex - Community Room 6:30 Game: Rummikub	10:00 Bingo - 31 Community Room 2:00 Entertainment: Jazzscape - CR 3:30 Tech Help with Sara - Comm Rm 6:00 Movie - Laurels Basement